

# New Haven School District #138

May 2021

Monday	Tuesday	Wednesday	Thursday	Friday
3  bbq rib on bun tator tots peaches milk	4  br. chicken drumstick biscuit slushie fresh carrots cherry crisp milk	5  cheeseburger on bun french fries apple milk	6  pasta and meat sauce garlic bread fresh broccoli berry cup milk	7  chicken fajita refried beans straw. applesauce chocolate chip cookie milk
10  chicken strips mac & cheese fresh carrots dragon punch juice peaches milk	11  soft beef taco refried beans pears apple cookie milk	12  br. chicken on bun french fries apple milk	13  pepperoni pizza fresh broccoli slushie fruit cocktail milk	14  Field Day! deli ham sand. chips fresh carrots mango juice raisins chocolate chip cookie milk
17  br. moz.sticks/sauce fresh veggies peaches ice cream milk	18  cheeseburger on bun french fries apple milk			

Lunch requirements: ½ oz whole grains, ¼ cup of fruit, ¼ cup of vegetable, 1 ½ oz protein, and 6 oz unflavored low fat milk.

Menu is subject to change without notice.  
 This institution is an equal opportunity provider.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
3  bbq rib on bun tator tots peaches milk	4  br. chicken drumstick biscuit slushie fresh carrots cherry crisp milk	5  cheeseburger on bun french fries apple milk	6  pasta and meat sauce garlic bread fresh broccoli berry cup milk	7  chicken fajita refried beans straw. applesauce chocolate chip cookie milk
10  chicken strips mac & cheese fresh carrots dragon punch juice peaches milk	11  soft beef taco refried beans pears apple cookie milk	12  br. chicken on bun french fries apple milk	13  pepperoni pizza fresh broccoli slushie fruit cocktail milk	14  Field Day! deli ham sand. chips fresh carrots mango juice craisins chocolate chip cookie milk
17  br. moz.sticks/sauce fresh veggies peaches ice cream milk	18  cheeseburger on bun french fries apple milk			

Lunch requirements offered: 1- 2 oz whole grains, 1/2 cup of fruit, 3/4 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

Menu subject to change without notice.

This institution is an equal opportunity provider.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# New Haven School District #138

## Middle/High School Lunch

Apr 25, 2021

Page 1

MAY 2021

Monday	Tuesday	Wednesday	Thursday	Friday
3  chicken&rice bowl steamed broccoli mango juice fruit choice milk	4  roast turkey on bun whipped potato/gravy slushie fruit choice milk	5  queso nachos refried beans fresh carrots fruit choice rice krispy treat milk	6  br. chicken drumstick mac & cheese mixed vegetables fresh veggies fruit choice ice cream milk	7  cheeseburger on bun french fries fresh veggies fruit choice milk
10  beef teryaki&rice steamed broccoli mango juice fruit choice milk	11  glazed roast chicken biscuit whipped potato/gravy slushie fruit choice milk	12  pasta and meat sauce garlic bread fresh carrots fruit choice jello cup milk	13  HS-MS BBQ !	14  chicken fajita refried beans fresh veggies fruit choice milk
17  br. moz.sticks/sauce toss salad fresh carrots fruit choice rice krispy treat milk	18  COOKS CHOICE fruit choice milk			

Lunch requirements: 1-2 oz whole grains, 1/2 to 1 cup of fruit, 3/4 to 1 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

Menu subject to change without notice.

This institution is an equal opportunity provider.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.