

New Haven School District #138

May 2021

Monday	Tuesday	Wednesday	Thursday	Friday
3 golden graham cereal bar string cheese raisins apple juice milk	4 apple frudel applesauce grape juice milk	5 mini pancakes pears apple juice milk	6 banana bread peaches grape juice milk	7 mini bagels apple orange juice milk
10 apple cin. muffin raisins apple juice milk	11 cherry frudel applesauce grape juice milk	12 mini pancakes pears apple juice milk	13 chocolate bread peaches grape juice milk	14 honey bun apple orange juice milk
17 chocolate chip muffin raisins apple juice milk	18 apple frudel applesauce grape juice milk			

Breakfast requirements: ½ oz whole grains, ½ cup of fruit, and 6 oz unflavored low fat milk.

Menu subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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3 golden graham cereal bar string cheese raisins apple juice milk	4 apple frudel applesauce grape juice milk	5 mini pancakes pears apple juice milk	6 banana bread peaches grape juice milk	7 mini bagels apple orange juice milk
10 apple cin. muffin raisins apple juice milk	11 cherry frudel applesauce grape juice milk	12 mini pancakes pears apple juice milk	13 chocolate bread peaches grape juice milk	14 honey bun apple orange juice milk
17 chocolate chip muffin raisins apple juice milk	18 apple frudel applesauce grape juice milk			

Breakfast requirements offered: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk
 Students must choose at least 3 items, including 1/2 cup fruit.
 Milk choices include 1% unflavored and fat-free chocolate.
 Juice choices include apple, grape, orange, all 100% juice; and choice of 1% unflavored or fat free chocolate milk.
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Middle/High School Breakfast

Apr 14, 2021

Page 1

May 2021

Monday	Tuesday	Wednesday	Thursday	Friday
3 banana bread fruit choice milk	4 apple frudel fruit choice milk	5 mini pancakes fruit choice milk	6 cin.toast crunch cereal bar string cheese fruit choice milk	7 mini bagels fruit choice milk
10 chocolate bread fruit choice milk	11 chocolate chip muffin fruit choice milk	12 mini pancakes fruit choice milk	13 cherry frudel fruit choice milk	14 honey bun fruit choice milk
17 banana bread fruit choice milk	18 chocolate bread fruit choice milk			

reakfast requirements: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: banana bread, chocolate bread, mini bagels, cereal bar with string cheese juice choices include apple, grape, orange, fruit punch all 100% juice; fruit choices include fresh and assorted fruits.

Menu subject to change without notice.

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