

New Haven Public School District 138

Preschool Lunch

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 chicken fajita steamed corn peaches chocolate cake milk	3 pepperoni pizza mixed vegetables fresh carrots pears milk	4 Sack Lunch !	5 roast turkey on bun whipped potato/gravy fresh broccoli fruit slushie milk	6 bosco stick w/sauce steamed carrots fresh veggies cherry crisp milk
9 br. chicken drumstick tator tots fresh broccoli peaches chocolate chip cookie milk	10 taco triangles steamed corn refried beans pears milk	11 spaghetti & meat balls garlic bread steamed green beans straw. applesauce milk	12 corn dog mixed vegetables fresh carrots mixed berry cup milk	13 cheese pizza steamed carrots fresh veggies trail mix milk
16	17 br. chicken on bun curly fries pears jello cup milk	18 pizza bosco stick mixed vegetables applesauce sugar cookie milk	19 taco salad refried beans peaches ice cream milk	20 br. moz.sticks/sauce steamed green beans fresh veggies strawberry cup milk
23 bbq chicken on bun tator tots peaches m&m cookie milk	24 chicken nuggets breadstick mixed vegetables fresh carrots pears milk	25 hamburger on bun french fries cherry applesauce milk	26 pasta and meat sauce garlic bread steamed green beans fruit slushie milk	27 cheese pizza steamed carrots blueberry crisp milk
30 mac & cheese ham steamed carrots peaches chocolate chip cookie milk	31 chicken strips mixed vegetables fresh broccoli pears milk			

Lunch requirements: ½ oz whole grains, ¼ cup of fruit, ¼ cup of vegetable, 1 ½ oz protein, and 6 oz unflavored low fat milk.

Menu is subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
2 chicken fajita steamed corn peaches chocolate cake milk	3 pepperoni pizza or salad bar-ham mixed vegetables fresh carrots pears milk	4 Sack Lunch !	5 roast turkey on bun whipped potato/gravy fresh broccoli fruit slushie milk	6 bosco stick w/sauce steamed carrots fresh veggies cherry crisp milk
9 br. chicken drumstick tator tots fresh broccoli peaches chocolate chip cookie milk	10 taco triangles or salad bar-ham steamed corn refried beans pears milk	11 spaghetti & meat balls garlic bread steamed green beans straw. applesauce milk	12 corn dog mixed vegetables fresh carrots mixed berry cup milk	13 cheese pizza steamed carrots fresh veggies trail mix milk
16	17 br. chicken on bun curly fries pears jello cup milk	18 pizza bosco stick mixed vegetables applesauce sugar cookie milk	19 taco salad or toasted cheese sand. toss salad refried beans peaches ice cream milk	20 br. moz.sticks/sauce steamed green beans fresh veggies strawberry cup milk
23 bbq chicken on bun tator tots peaches m&m cookie milk	24 chicken nuggets or salad bar-ham breadstick mixed vegetables fresh carrots pears milk	25 hamburger on bun french fries baked beans cherry applesauce milk	26 pasta and meat sauce garlic bread steamed green beans fruit slushie milk	27 cheese pizza steamed carrots toss salad blueberry crisp milk
30 mac & cheese ham steamed carrots peaches chocolate chip cookie milk	31 chicken strips or salad bar-ham mixed vegetables fresh broccoli pears milk			

Lunch requirements offered: 1- 2 oz whole grains, 1/2 cup of fruit, 3/4 cup of vegetable, 1-2 oz protein and 1 cup of milk
 Students must choose at least 3 items, including 1/2 cup fruit or vegetable.
 Milk choices include 1% unflavored and fat-free chocolate.
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2 spicy chicken nuggets or pizza bosco stick mixed vegetables fresh broccoli fruit choice sugar cookie milk	3 meatball sub or southwest salad bar steamed green beans fruit choice milk	4 br. chicken on bun or spicy chicken on bun tator tots sandwich bar fruit choice milk	5 beef teryaki&rice or greek salad bar steamed carrots fresh veggies fruit choice cherry crisp milk	6 fiesta cheese omelet biscuit & gravy seasoned potatoes mango juice fruit choice milk
9 shred.beef burrito bar steamed corn refried beans fruit choice chocolate cookie milk	10 bbq pork on bun or southwest salad bar french fries fresh veggies fruit choice milk	11 br. chicken drumstick mac & cheese steamed green beans fresh veggies fruit choice milk	12 roast turkey on bun whipped potato/gravy slushie fruit choice milk	13 br. moz.sticks/sauce or beef&gravy on bun toss salad fresh veggies fruit choice milk
16	17 parm.chicken on bun steamed green beans fruit choice m&m cookie milk	18 chicken&rice bowl or br. moz.sticks/sauce steamed broccoli fresh veggies fruit choice milk	19 pasta and meat sauce garlic bread toss salad fresh veggies fruit choice milk	20 fish fillet on bun or bbq pork on bun curly fries sandwich bar fruit choice milk
23 glazed roast chicken or pizza bosco stick whipped potato/gravy fresh carrots fruit choice sugar cookie milk	24 sloppy joe on bun or southwest salad bar tator tots fruit choice milk	25 gen Tso chkn&noodle or chicken strips pasta steamed broccoli fresh carrots fruit choice milk	26 chicken fajita or mini chicken tacos toss salad refried beans fruit choice ice cream milk	27 bosco w/m.sauce or roast turkey on bun mixed vegetables slushie fruit choice milk
30 toast ravioli/m.sauce or chicken nuggets steamed broccoli fresh carrots fruit choice chocolate chip cookie milk	31 bbq chicken on bun or southwest salad bar french fries baked beans fruit choice milk			

Lunch requirements: 1-2 oz whole grains, 1/2 to 1 cup of fruit, 3/4 to 1 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

Menu subject to change without notice.

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