

New Haven Public School District 138

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 mini pancakes applesauce milk	3 breakfast pizza peaches milk	4 scrambled eggs/ toast pears milk	5 pancake wrap pineapple milk	6 fiesta cheese omelet biscuit trail mix milk
9 egg & cheese bosco stick applesauce milk	10 biscuit & gravy peaches milk	11 scrambled eggs/ toast pears milk	12 french toast fruit cocktail milk	13 mini maple waffle mixed berry cup milk
16	17 mini bagels peaches milk	18 scrambled eggs/ toast pears milk	19 pancake wrap strawberry cup milk	20 fiesta cheese omelet biscuit trail mix milk
23 mini pancakes applesauce milk	24 biscuit & gravy peaches milk	25 scrambled eggs/ toast pears milk	26 french toast pineapple/man.orange milk	27 mini maple waffle trail mix milk
30 egg & cheese bosco stick applesauce milk	31 breakfast pizza peaches milk			

Breakfast requirements: ½ oz whole grains, ½ cup of fruit, and 6 oz unflavored low fat milk.
 Students may choose cinnamon toast crunch cereal instead of breakfast entree.
 Students may choose a yogurt in addition to requirements.
 Menu subject to change without notice.
 This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

New Haven Public School District 138

K- 6 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2 mini pancakes applesauce milk	3 breakfast pizza peaches milk	4 scrambled eggs/ toast pears milk	5 pancake wrap pineapple milk	6 fiesta cheese omelet biscuit trail mix milk
9 egg & cheese bosco stick applesauce milk	10 biscuit & gravy peaches milk	11 scrambled eggs/ toast pears milk	12 french toast fruit cocktail milk	13 mini maple waffle mixed berry cup milk
16	17 mini bagels peaches milk	18 scrambled eggs/ toast pears milk	19 pancake wrap strawberry cup milk	20 fiesta cheese omelet biscuit trail mix milk
23 mini pancakes applesauce milk	24 biscuit & gravy peaches milk	25 scrambled eggs/ toast pears milk	26 french toast pineapple/man. orange milk	27 mini maple waffle trail mix milk
30 egg & cheese bosco stick applesauce milk	31 breakfast pizza peaches milk			

Breakfast requirements offered: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk
Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; cinnamon toast crunch cereal, honey nut cherrios, cocoa puffs , juice choices include apple, grape, orange or fruit punch, all 100% juice; and choice of 1% unflavored or fat free chocolate milk.

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New Haven Public School District 138

Middle/High School Breakfast

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 mini pancakes fruit choice milk	3 breakfast pizza fruit choice milk	4 french toast fruit choice milk	5 pancake wrap fruit choice milk	6 scrambled eggs/ toast fruit choice milk
9 mini pancakes fruit choice milk	10 fiesta cheese omelet fruit choice milk	11 french toast fruit choice milk	12 breakfast pizza fruit choice milk	13 scrambled eggs/ toast fruit choice milk
16	17 mini bagels fruit choice milk	18 french toast fruit choice milk	19 pancake wrap fruit choice milk	20 scrambled eggs/ toast fruit choice milk
23 mini pancakes fruit choice milk	24 fiesta cheese omelet fruit choice milk	25 french toast fruit choice milk	26 breakfast pizza fruit choice milk	27 scrambled eggs/ toast fruit choice milk
30 mini pancakes fruit choice milk	31 fiesta cheese omelet fruit choice milk			

Breakfast requirements: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; banana bread; mini bagels, honey nut cheerios, cinnamon toast crunch, juice choices include apple, grape, orange, fruit punch all 100% juice; fruit choices include fresh and canned fruits.

Menu subject to change without notice.

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