

New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
	1 chicken nuggets breadstick potato emojis peaches milk	2 br. moz.sticks/sauce fresh carrots craisins rice krispy treat milk	3 cheeseburger on bun french fries pears milk	4 pepperoni pizza fresh broccoli dragon punch juice cherry applesauce milk
7	8 corn dog tator tots peaches chocolate chip cookie milk	9 toast ravioli/sauce string cheese fresh carrots craisins ice cream milk	10 br. chicken on bun curly fries pears milk	11 cheese pizza fresh broccoli dragon punch juice applesauce milk
14 soft beef taco refried beans apples milk	15 grilled chicken on bun whipped potato/gravy mango juice peaches milk	16 mozz. bites/sauce fresh carrots craisins muffin milk	17 cheeseburger on bun french fries pears milk	18 pepperoni pizza fresh broccoli dragon punch juice straw. applesauce milk
21 taco triangles refried beans apples ice cream milk	22 popcorn chicken potato smiles peaches milk	23 pizza bosco stick string cheese slushie fresh carrots craisins chocolate chip cookie milk	24 br. chicken on bun curly fries pears milk	25 cheese pizza fresh broccoli dragon punch juice applesauce milk
28 chicken fajita refried beans mixed berry cup apple cookie milk	29 chicken strips tator tots peaches milk	30 bosco stick w/sauce fresh carrots craisins ice cream milk		

Lunch requirements: ½ oz whole grains, ¼ cup of fruit, ¼ cup of vegetable, 1 ½ oz protein, and 6 oz unflavored low fat milk.

Menu is subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

New Haven School District #138

Lunch K - 6

Monday	Tuesday	Wednesday	Thursday	Friday
	1 chicken nuggets breadstick potato emojis peaches milk	2 br. moz.sticks/sauce fresh carrots craisins rice krispy treat milk	3 cheeseburger on bun french fries pears milk	4 pepperoni pizza fresh broccoli dragon punch juice cherry applesauce milk
7	8 corn dog tator tots peaches chocolate chip cookie milk	9 toast ravioli/sauce string cheese fresh carrots craisins ice cream milk	10 br. chicken on bun curly fries pears milk	11 cheese pizza fresh broccoli dragon punch juice applesauce milk
14 soft beef taco refried beans apples milk	15 grilled chicken on bun whipped potato/gravy mango juice peaches milk	16 mozz. bites/sauce fresh carrots craisins muffin milk	17 cheeseburger on bun french fries pears milk	18 pepperoni pizza fresh broccoli dragon punch juice straw. applesauce milk
21 taco triangles refried beans apples ice cream milk	22 popcorn chicken potato smiles peaches milk	23 pizza bosco stick string cheese slushie fresh carrots craisins chocolate chip cookie milk	24 br. chicken on bun curly fries pears milk	25 cheese pizza fresh broccoli dragon punch juice applesauce milk
28 chicken fajita refried beans mixed berry cup apple cookie milk	29 chicken strips tator tots peaches milk	30 bosco stick w/sauce fresh carrots craisins ice cream milk		

Lunch requirements offered: 1- 2 oz whole grains, 1/2 cup of fruit, 3/4 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

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New Haven School District #138

Middle/High School Lunch

Aug 25, 2020

September 2020

Monday	Tuesday	Wednesday	Thursday	Friday
	1 cheeseburger on bun tator tots fruit choice apple cookie milk	2 pepperoni pizza mixed vegetables dragon punch juice fruit choice milk	3 chicken nuggets biscuit steamed carrots fruit choice rice krispy treat milk	4 fish fillet on bun french fries fruit choice milk
7	8 toast ravioli/m.sauce fresh broccoli fruit choice chocolate chip cookie milk	9 gen tso chicken/rice steamed carrots fruit choice milk	10 glazed roast chicken breadstick whipped potato/gravy slushie fruit choice milk	11 br. chicken on bun french fries fruit choice ice cream milk
14 chicken fajita refried beans fruit choice sugar cookie milk	15 bbq pork on bun curly fries fruit choice milk	16 chicken&rice bowl steamed broccoli fresh carrots fruit choice milk	17 br. moz.sticks/sauce toss salad / tomato jello cup fruit choice milk	18 cheeseburger on bun french fries fruit choice milk
21 shred.beef burrito black bean salad fruit choice chocolate chip cookie milk	22 egg&cheese/bun seasoned potatoes fruit choice milk	23 pasta and meat sauce garlic bread fresh broccoli fruit choice milk	24 pizza bosco stick steamed green beans fresh carrots fruit choice chocolate chip muffin milk	25 br. chicken on bun french fries fruit choice milk
28 taco triangles refried beans fruit choice apple cookie milk	29 meatball sub fresh broccoli fruit choice milk	30 chicken strips biscuit fresh carrots slushie fruit choice milk		

Lunch requirements: 1-2 oz whole grains, 1/2 to 1 cup of fruit, 3/4 to 1 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

Menu subject to change without notice.

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** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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