

# New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
4  chicken strips tator tots raisins ice cream milk	5  taco triangles refried beans pears chocolate chip cookie milk	6  cheeseburger on bun french fries apple milk	7  bosco stick w/sauce fresh carrots fruit cocktail apple cookie milk	8  pepperoni pizza fresh broccoli dragon punch juice cherry applesauce milk
11  corn dog tator tots peaches milk	12  soft beef taco refried beans pears sugar cookie milk	13  br. chicken on bun curly fries apple milk	14  toast ravioli/sauce string cheese fresh carrots fruit cocktail jello cup milk	15  deli turkey sub chips fresh broccoli mango juice straw. applesauce milk
18  	19  chicken fajita refried beans pears rice krispy treat milk	20  cheeseburger on bun french fries apple milk	21  popcorn chicken biscuit slushie fruit cocktail milk	22  pizza bosco stick fresh broccoli dragon punch juice cherry applesauce milk
25  chicken nuggets whipped potato/gravy fresh carrots peaches milk	26  taco triangles refried beans pears apple cookie milk	27  hot dog on bun curly fries apple milk	28  pasta and meat sauce garlic bread fresh carrots fruit cocktail milk	29  cheese pizza fresh broccoli dragon punch juice applesauce milk

Lunch requirements: ½ oz whole grains, ¼ cup of fruit, ¼ cup of vegetable, 1 ½ oz protein, and 6 oz unflavored low fat milk.

Menu is subject to change without notice.

This institution is an equal opportunity provider.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# New Haven School District #138

## Lunch K - 6

Monday	Tuesday	Wednesday	Thursday	Friday
4 chicken strips tator tots craisins ice cream milk	5 taco triangles refried beans pears chocolate chip cookie milk	6 cheeseburger on bun french fries apple milk	7 bosco stick w/sauce fresh carrots fruit cocktail apple cookie milk	8 pepperoni pizza fresh broccoli dragon punch juice cherry applesauce milk
11 corn dog tator tots peaches milk	12 soft beef taco refried beans pears sugar cookie milk	13 br. chicken on bun curly fries apple milk	14 toast ravioli/sauce string cheese fresh carrots fruit cocktail jello cup milk	15 deli turkey sub chips fresh broccoli mango juice straw. applesauce milk
18	19 chicken fajita refried beans pears rice krispy treat milk	20 cheeseburger on bun french fries apple milk	21 popcorn chicken biscuit slushie fruit cocktail milk	22 pizza bosco stick fresh broccoli dragon punch juice cherry applesauce milk
25 chicken nuggets whipped potato/gravy fresh carrots peaches milk	26 taco triangles refried beans pears apple cookie milk	27 hot dog on bun curly fries apple milk	28 pasta and meat sauce garlic bread fresh carrots fruit cocktail milk	29 cheese pizza fresh broccoli dragon punch juice applesauce milk

Lunch requirements offered: 1- 2 oz whole grains, 1/2 cup of fruit, 3/4 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

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# New Haven School District #138

## January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
4 chicken nuggets garlic bread tator tots slushie fruit choice milk	5 corn dog steamed carrots dragon punch juice fruit choice apple cookie milk	6 cheeseburger on bun french fries baked beans fruit choice milk	7 chicken fajita steamed corn fresh carrots fruit choice milk	8 toast ravioli/sauce string cheese fresh broccoli fruit choice chocolate chip muffin milk
11 bbq rib on bun curly fries baked beans fruit choice milk	12 pepperoni pizza steamed carrots slushie fruit choice chocolate chip cookie milk	13 chicken strips biscuit tator tots fresh carrots fruit choice milk	14 chili mac breadstick mango juice fruit choice ice cream milk	15 deli turkey sub chips toss salad / tomato fruit choice milk
18	19 bosco stick w/sauce steamed green beans fruit choice sugar cookie milk	20 taco triangles refried beans fresh carrots fruit choice milk	21 pasta and meat sauce garlic bread mixed vegetables fruit choice jello cup milk	22 br. chicken on bun curly fries fresh broccoli fruit choice milk
25 pulled pork nachos slushie fresh carrots fruit choice rice krispy treat milk	26 popcorn chicken garlic bread steamed carrots mango juice fruit choice milk	27 cheeseburger on bun french fries baked beans fruit choice milk	28 soft beef taco black bean salad fruit choice ice cream milk	29 pizza bosco stick seasoned potatoes fresh broccoli fruit choice milk

Lunch requirements: 1-2 oz whole grains, 1/2 to 1 cup of fruit, 3/4 to 1 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

Menu subject to change without notice.

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