

New Haven School District #138

Preschool Breakfast January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
4 cin. toast crunch cereal bar string cheese raisins apple juice milk	5 apple frudel applesauce grape juice milk	6 mini confetti pancakes pears apple juice milk	7 banana bread peaches grape juice milk	8 mini bagels apple orange juice milk
11 apple cin. muffin raisins apple juice milk	12 cherry frudel applesauce grape juice milk	13 mini maple pancakes pears apple juice milk	14 chocolate bread peaches grape juice milk	15 honey bun apple orange juice milk
18	19 pancake wrap applesauce grape juice milk	20 mini confetti pancakes pears apple juice milk	21 banana bread peaches grape juice milk	22 mini bagels apple orange juice milk
25 chocolate chip muffin raisins apple juice milk	26 apple frudel applesauce grape juice milk	27 mini maple pancakes pears apple juice milk	28 chocolate bread peaches grape juice milk	29 honey bun apple orange juice milk

Breakfast requirements: ½ oz whole grains, ½ cup of fruit, and 6 oz unflavored low fat milk.

Menu subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
4 cin.toast crunch cereal bar string cheese raisins apple juice milk	5 apple frudel applesauce grape juice milk	6 mini confetti pancakes pears apple juice milk	7 banana bread peaches grape juice milk	8 mini bagels apple orange juice milk
11 apple cin. muffin raisins apple juice milk	12 cherry frudel applesauce grape juice milk	13 mini maple pancakes pears apple juice milk	14 chocolate bread peaches grape juice milk	15 honey bun apple orange juice milk
18	19 pancake wrap applesauce grape juice milk	20 mini confetti pancakes pears apple juice milk	21 banana bread peaches grape juice milk	22 mini bagels apple orange juice milk
25 chocolate chip muffin raisins apple juice milk	26 apple frudel applesauce grape juice milk	27 mini maple pancakes pears apple juice milk	28 chocolate bread peaches grape juice milk	29 honey bun apple orange juice milk

Breakfast requirements offered: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Milk choices include 1% unflavored and fat-free chocolate.

Juice choices include apple, grape, orange, all 100% juice; and choice of 1% unflavored or fat free chocolate milk.

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New Haven School District #138

Middle/High School Breakfast

January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
4 banana bread fruit choice milk	5 apple frudel fruit choice milk	6 mini maple pancakes fruit choice milk	7 cin. toast crunch cereal bar string cheese fruit choice milk	8 mini bagels fruit choice milk
11 chocolate bread fruit choice milk	12 cherry frudel fruit choice milk	13 mini confetti pancakes fruit choice milk	14 pancake wrap fruit choice milk	15 honey bun fruit choice milk
18	19 banana bread fruit choice milk	20 mini maple pancakes fruit choice milk	21 golden graham cereal bar string cheese fruit choice milk	22 mini bagels fruit choice milk
25 chocolate bread fruit choice milk	26 cherry frudel fruit choice milk	27 mini confetti pancakes fruit choice milk	28 pancake wrap fruit choice milk	29 honey bun fruit choice milk

Breakfast requirements: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: banana bread, chocolate bread, mini bagels, cereal bar with string cheese juice choices include apple, grape, orange, fruit punch all 100% juice; fruit choices include fresh and assorted fruits.

Menu subject to change without notice.

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