

New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
3 mini pancakes peaches milk	4 biscuit & gravy fruit cocktail milk	5 french toast pears milk	6 egg & cheese bosco stick applesauce milk	7 scrambled eggs/ toast trail mix milk
10 mini maple waffle fruit cocktail milk	11 breakfast pizza peaches milk	12 french toast pears milk	13 pancake wrap applesauce milk	14 scrambled eggs/ toast trail mix milk
17	18 mini bagels peaches milk	19 french toast pears milk	20 egg & cheese bosco stick applesauce milk	21 scrambled eggs/ toast trail mix milk
24 mini pancakes fruit cocktail milk	25 breakfast pizza peaches milk	26 french toast pears milk	27 pancake wrap applesauce milk	28 scrambled eggs/ toast trail mix milk

Breakfast requirements: ½ oz whole grains, ½ cup of fruit, and 6 oz unflavored low fat milk.

Students may choose cinnamon toast crunch cereal instead of breakfast entree.

Students may choose a yogurt in addition to requirements.

Menu subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

New Haven School District #138

K - 6 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
3 mini pancakes peaches milk	4 biscuit & gravy fruit cocktail milk	5 french toast pears milk	6 egg & cheese bosco stick applesauce milk	7 scrambled eggs/ toast trail mix milk
10 mini maple waffle fruit cocktail milk	11 breakfast pizza peaches milk	12 french toast pears milk	13 pancake wrap applesauce milk	14 scrambled eggs/ toast trail mix milk
17 	18 mini bagels peaches milk	19 french toast pears milk	20 egg & cheese bosco stick applesauce milk	21 scrambled eggs/ toast trail mix milk
24 mini pancakes fruit cocktail milk	25 breakfast pizza peaches milk	26 french toast pears milk	27 pancake wrap applesauce milk	28 scrambled eggs/ toast trail mix milk

Breakfast requirements offered: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk
 Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; cinnamon toast crunch cereal, honey nut cherrios, cocoa puffs, juice choices include apple, grape, orange or fruit punch, all 100% juice; and choice of 1% unflavored or fat free chocolate milk.

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Middle/High School Breakfast

February 2020

Jan 23, 2020

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Monday	Tuesday	Wednesday	Thursday	Friday
3 mini pancakes fruit choice milk	4 biscuit & gravy sausage patty fruit choice milk	5 french toast fruit choice milk	6 pancake wrap fruit choice milk	7 scrambled eggs/ toast fruit choice milk
10 mini pancakes fruit choice milk	11 Fiesta Cheese Omelet fruit choice milk	12 french toast fruit choice milk	13 breakfast pizza fruit choice milk	14 egg & cheese bosco stick fruit choice milk
17	18 mini bagels fruit choice milk	19 french toast fruit choice milk	20 pancake wrap fruit choice milk	21 scrambled eggs/ toast fruit choice milk
24 mini pancakes fruit choice milk	25 Fiesta Cheese Omelet fruit choice milk	26 french toast fruit choice milk	27 breakfast pizza fruit choice milk	28 egg & cheese bosco stick fruit choice milk

Breakfast requirements: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; banana bread; mini bagels, honey nut cheerios, cinnamon toast crunch, juice choices include apple, grape, orange, fruit punch all 100% juice; fruit choices include fresh and canned fruits.

Menu subject to change without notice.

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