

# New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
1 corn dog tator tots peaches milk	2 soft beef taco black bean salsa pears chocolate chip cookie milk	3 cheeseburger on bun french fries apple milk	4 br. chicken drumstick biscuit slushie cherry crisp milk	5 toast ravioli/sauce string cheese fresh broccoli dragon punch juice applesauce milk
8 popcorn chicken curly fries peaches milk	9 taco triangles refried beans mixed berry cup sugar cookie milk	10 hot dog on bun french fries apple milk	11 pasta and meat sauce garlic bread fresh carrots fruit cocktail jello cup milk	12 pepperoni pizza fresh broccoli slushie cherry applesauce milk
15	16 br. chicken on bun curly fries pears milk	17 mozz. bites/sauce fresh carrots apple ice cream milk	18 chicken fajita black bean salsa fruit cocktail chocolate chip cookie milk	19 toasted cheese sand. french fries applesauce milk
22 meatball sub chips dragon punch juice peaches milk	23 soft beef taco refried beans strawberry cup rice krispy treat milk	24 cheeseburger on bun french fries apple milk	25 chicken strips mac & cheese fresh carrots fruit cocktail apple cookie milk	26 cheese pizza fresh broccoli slushie cherry applesauce milk

Lunch requirements: ½ oz whole grains, ¼ cup of fruit, ¼ cup of vegetable, 1 ½ oz protein, and 6 oz unflavored low fat milk.  
Menu is subject to change without notice.  
This institution is an equal opportunity provider.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# New Haven School District #138

## Lunch K - 6

Monday	Tuesday	Wednesday	Thursday	Friday
1 corn dog tator tots peaches milk	2 soft beef taco black bean salsa pears chocolate chip cookie milk	3 cheeseburger on bun french fries apple milk	4 br. chicken drumstick biscuit slushie cherry crisp milk	5 toast ravioli/sauce string cheese fresh broccoli dragon punch juice applesauce milk
8 popcorn chicken curly fries peaches milk	9 taco triangles refried beans mixed berry cup sugar cookie milk	10 hot dog on bun french fries apple milk	11 pasta and meat sauce garlic bread fresh carrots fruit cocktail jello cup milk	12 pepperoni pizza fresh broccoli slushie cherry applesauce milk
15	16 br. chicken on bun curly fries pears milk	17 mozz. bites/sauce fresh carrots apple ice cream milk	18 chicken fajita black bean salsa fruit cocktail chocolate chip cookie milk	19 toasted cheese sand. french fries applesauce milk
22 meatball sub chips dragon punch juice peaches milk	23 soft beef taco refried beans strawberry cup rice krispy treat milk	24 cheeseburger on bun french fries apple milk	25 chicken strips mac & cheese fresh carrots fruit cocktail apple cookie milk	26 cheese pizza fresh broccoli slushie cherry applesauce milk

Lunch requirements offered: 1- 2 oz whole grains, 1/2 cup of fruit, 3/4 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

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# New Haven School District #138

## Middle/High School Lunch

Jan 25, 2021

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February 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1 beef teryiaki&rice steamed broccoli mango juice fruit choice milk	2 bbq pork on bun tator tots fresh carrots fruit choice chocolate chip cookie milk	3 taco triangles steamed carrots black bean salad fruit choice milk	4 br. chicken drumstick mac & cheese fresh veggies fruit choice ice cream milk	5 cheeseburger on bun french fries fresh veggies fruit choice milk
8 gen tso chicken/rice steamed broccoli dragon punch juice fruit choice milk	9 chili dog chips fresh carrots fruit choice sugar cookie milk	10 chicken fajita steamed corn refried beans fruit choice milk	11 pasta and meat sauce garlic bread toss salad fruit choice jello cup milk	12 br. chicken on bun french fries fresh veggies fruit choice milk
15	16 bbq pork on bun curly fries fresh carrots fruit choice apple cookie milk	17 bean & cheese burrito steamed green beans black bean salad fruit choice milk	18 chicken strips biscuit steamed carrots fresh veggies fruit choice milk	19 fish fillet on bun french fries fresh veggies fruit choice rice krispy treat milk
22 chicken&rice bowl steamed broccoli fresh carrots fruit choice milk	23 cheeseburger on bun french fries fresh veggies fruit choice chocolate chip cookie milk	24 soft beef taco toss salad refried beans fruit choice milk	25 meatball sub chips fresh carrots fruit choice cherry crisp milk	26 cheese pizza steamed carrots slushie fruit choice milk

Lunch requirements: 1-2 oz whole grains, 1/2 to 1 cup of fruit, 3/4 to 1 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

Menu subject to change without notice.

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