

New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
1 golden graham cereal bar string cheese raisins apple juice milk	2 apple frudel applesauce grape juice milk	3 mini pancakes pears apple juice milk	4 banana bread peaches grape juice milk	5 mini bagels apple orange juice milk
8 apple cin. muffin raisins apple juice milk	9 pancake wrap applesauce grape juice milk	10 mini pancakes pears apple juice milk	11 chocolate bread peaches grape juice milk	12 honey bun apple orange juice milk
15	16 banana bread raisins grape juice milk	17 mini pancakes pears apple juice milk	18 cin.toast crunch cereal bar string cheese peaches grape juice milk	19 mini bagels apple orange juice milk
22 chocolate chip muffin raisins apple juice milk	23 cherry frudel applesauce grape juice milk	24 mini pancakes pears apple juice milk	25 pancake wrap applesauce grape juice milk	26 honey bun apple orange juice milk

Breakfast requirements: ½ oz whole grains, ½ cup of fruit, and 6 oz unflavored low fat milk.

Menu subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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1 golden graham cereal bar string cheese raisins apple juice milk	2 apple frudel applesauce grape juice milk	3 mini pancakes pears apple juice milk	4 banana bread peaches grape juice milk	5 mini bagels apple orange juice milk
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22 chocolate chip muffin raisins apple juice milk	23 cherry frudel applesauce grape juice milk	24 mini pancakes pears apple juice milk	25 pancake wrap applesauce grape juice milk	26 honey bun apple orange juice milk

Breakfast requirements offered: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Milk choices include 1% unflavored and fat-free chocolate.

Juice choices include apple, grape, orange, all 100% juice; and choice of 1% unflavored or fat free chocolate milk.

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Middle/High School Breakfast

February 2021

Jan 25, 2021

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Monday	Tuesday	Wednesday	Thursday	Friday
1 banana bread fruit choice milk	2 apple frudel fruit choice milk	3 mini pancakes fruit choice milk	4 cin.toast crunch cereal bar string cheese fruit choice milk	5 mini bagels fruit choice milk
8 chocolate bread fruit choice milk	9 pancake wrap fruit choice milk	10 mini pancakes fruit choice milk	11 cherry frudel fruit choice milk	12 honey bun fruit choice milk
15	16 banana bread fruit choice milk	17 mini pancakes fruit choice milk	18 cin.toast crunch cereal bar string cheese fruit choice milk	19 mini bagels fruit choice milk
22 chocolate bread fruit choice milk	23 cherry frudel fruit choice milk	24 mini pancakes fruit choice milk	25 pancake wrap fruit choice milk	26 honey bun fruit choice milk

Breakfast requirements: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: banana bread, chocolate bread, mini bagels, cereal bar with string cheese juice choices include apple, grape, orange, fruit punch all 100% juice; fruit choices include fresh and assorted fruits.

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