

# New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
	1 apple frudel pears milk	2 mini maple pancakes applesauce milk	3 chocolate chip muffin raisins milk	4 mini french toast apples milk
7	8 mini cin.waffles pears milk	9 mini confetti pancakes applesauce milk	10 cin.toast crunch cereal bar string cheese raisins milk	11 mini bagels apples milk
14 chocolate bread peaches milk	15 cherry frudel pears milk	16 mini maple pancakes applesauce milk	17 apple cin. muffin raisins milk	18 mini french toast apples milk
21 banana bread peaches milk	22 pancake wrap pears milk	23 mini confetti pancakes applesauce milk	24 golden graham cereal bar string cheese raisins milk	25 mini bagels apples milk
28 chocolate bread peaches milk	29 apple frudel pears milk	30 mini maple pancakes applesauce milk		

Breakfast requirements: ½ oz whole grains, ½ cup of fruit, and 6 oz unflavored low fat milk.

Menu subject to change without notice.  
This institution is an equal opportunity provider.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# New Haven School District #138

## K- 6 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
	1 apple frudel pears fruit juice milk	2 mini maple pancakes applesauce fruit juice milk	3 chocolate chip muffin raisins fruit juice milk	4 mini french toast apples fruit juice milk
7	8 mini cin.waffles pears fruit juice milk	9 mini confetti pancakes applesauce fruit juice milk	10 cin.toast crunch cereal bar string cheese raisins fruit juice milk	11 mini bagels apples fruit juice milk
14 chocolate bread peaches fruit juice milk	15 cherry frudel pears fruit juice milk	16 mini maple pancakes applesauce fruit juice milk	17 apple cin. muffin raisins fruit juice milk	18 mini french toast apples fruit juice milk
21 banana bread peaches fruit juice milk	22 pancake wrap pears fruit juice milk	23 mini confetti pancakes applesauce fruit juice milk	24 golden graham cereal bar string cheese raisins fruit juice milk	25 mini bagels apples fruit juice milk
28 chocolate bread peaches fruit juice milk	29 apple frudel pears fruit juice milk	30 mini maple pancakes applesauce fruit juice milk		

Breakfast requirements offered: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: juice choices include apple, grape, orange or fruit punch, all 100% juice; and choice of 1% unflavored or fat free chocolate milk.

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# New Haven School District #138

## Middle/High School Breakfast

Aug 25, 2020

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September 2020

Monday	Tuesday	Wednesday	Thursday	Friday
	1 apple frudel fruit choice milk	2 mini maple pancakes fruit choice milk	3 chocolate chip muffin fruit choice milk	4 mini french toast fruit choice milk
7	8 mini cin.waffles fruit choice milk	9 mini confetti pancakes fruit choice milk	10 cin.toast crunch cereal bar string cheese fruit choice milk	11 mini bagels fruit choice milk
14 chocolate bread fruit choice milk	15 cherry frudel fruit choice milk	16 mini maple pancakes fruit choice milk	17 apple cin. muffin fruit choice milk	18 mini french toast fruit choice milk
21 banana bread fruit choice milk	22 pancake wrap fruit choice milk	23 mini confetti pancakes fruit choice milk	24 golden graham cereal bar string cheese fruit choice milk	25 mini bagels fruit choice milk
28 chocolate bread fruit choice milk	29 apple frudel fruit choice milk	30 mini maple pancakes fruit choice milk		

Breakfast requirements: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: banana bread, chocolate bread, mini bagels, cereal bar with string cheese, juice choices include apple, grape, orange, fruit punch a 100% juice; fruit choices include fresh and assorted fruits.

Menu subject to change without notice.

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