

**New Haven Middle School Tri-Meet  
April 30, 2024**

Date and Time: Tuesday, April 30, 2024 at 4:00 p.m. We ask that you arrive after 3:00 p.m.

Participating Schools: New Haven, Hermann, Chamois, St. Clair, Owensville

Entries: Schools may enter an unlimited number of athletes in each event. Entries must be entered on mo.milesplit.com by 5:00 pm on Monday, April 29th.

Coaches Meeting: The coaches' meeting will be located by the finish line at 3:45 p.m.  
Scratches for field events will be done at the event.

Tents: Team tents can be set up on the grass field north of the track at the top of the hill.

Concessions: There will be concessions available.

Buses: Buses can park at the back of the school parking lot at the west end of the high school.

Scoring: The first five places in each individual event shall be scored (8-6-4-2-1) with a limit of three per team scoring. The first four places in relays shall be scored (8-6-4-2) with a limit of one relay per team scoring. In case of ties, the points shall be divided.

Throwing Events: Throwing events will have 4 attempts.

Pole Vault and High Jump: Starting heights will be determined based on entry heights.

Long Jump and Triple Jump: The long and triple jump will be run cafeteria style with a 1.5 hour time limit. Participants will have four jumps that can be taken any time during the time limit.

Please use 1/4" spikes or smaller.

No tape will be allowed on the runways or used on the high jump area.

Break line judge - Owensville (800, 1600, 3200, 4x400 and 4x800)

Exchanges

4 x 200 1st and 3rd Exchange	New Haven
4 x 100 m Relay	1st: St. Clair, 2nd: Chamois, 3rd: Hermann

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<b>Running Events begin at 4:15 p.m.</b>	<b>Field Events begin at 4:00 p.m.</b>
3200 m Relay	Boys Shot Put (Girls to follow)
100 m Hurdles	Girls Discus (Boys to follow)
100 m Dash	Girls Pole Vault (Boys to follow)
800 m Relay	Boys High Jump (Girls to follow)
1600 m Run	Long Jump 1.5 Hour Cafeteria Style
400 m Relay	Triple Jump 1.5 Hour Cafeteria Style
400 m Dash	
800 m Run	
200 m Dash	
1600 m Relay	



**Entrance**

**Entrance**

**Fan  
Parking**

**Fan  
Parking**

**Fan  
Parking**

**Fan  
Parking**

**Bus  
Parking**

**Tent  
City**