

# New Haven School District #138

## Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			23 pepperoni pizza steamed green beans pineapple ice cream milk	24 br. chicken on bun tator tots fruit cocktail chocolate pudding milk
27	28 corn dog steamed carrots dragon punch juice applesauce sugar cookie milk	29 chicken nuggets breadstick mixed vegetables fresh carrots fruit slushie milk	30 toast ravioli/sauce steamed green beans pineapple ice cream milk	31 grilled chicken on bun tator tots fruit cocktail jello cup milk
3 pepperoni pizza steamed carrots fresh broccoli applesauce chocolate chip cookie milk	4 popcorn chicken garlic bread mixed vegetables fresh carrots fruit slushie milk	5 hamburger on bun french fries peaches jello cup milk	6 bosco stick/ sauce steamed green beans pineapple ice cream milk	7 br. chicken on bun tator tots fruit cocktail chocolate pudding milk
10 corn dog steamed carrots fresh broccoli applesauce m&m cookie milk	11 chicken nuggets breadstick mixed vegetables fresh carrots fruit slushie milk	12 taco triangles steamed corn peaches chocolate pudding milk	13 toast ravioli/sauce steamed green beans pineapple ice cream milk	14 grilled chicken on bun tator tots fruit cocktail jello cup milk
17 pepperoni pizza steamed carrots fresh broccoli applesauce sugar cookie milk	18 popcorn chicken garlic bread mixed vegetables fresh carrots fruit slushie milk	19 hamburger on bun french fries peaches jello cup milk	20 bosco stick/ sauce steamed green beans pineapple ice cream milk	21 br. chicken on bun tator tots fruit cocktail chocolate pudding milk
24 taco triangles steamed corn peaches chocolate chip cookie milk	25 Cooks Choice	26 Cooks Choice		

Lunch requirements offered: 1- 2 oz whole grains, 1/2 cup of fruit, 3/4 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

Menu subject to change without notice.

This institution is an equal opportunity provider.

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.