

# New Haven School District #138

## Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
			23 banana bread craisins milk	24 breakfast pizza pineapple milk
27	28 french toast fruit cocktail milk	29 mini bagels applesauce milk	30 pancake wrap mandarin oranges milk	31 breakfast pizza pineapple milk
3 banana bread craisins milk	4 french toast fruit cocktail milk	5 mini bagels applesauce milk	6 pancake wrap mandarin oranges milk	7 breakfast pizza pineapple milk
10 banana bread craisins milk	11 french toast fruit cocktail milk	12 mini bagels applesauce milk	13 pancake wrap mandarin oranges milk	14 breakfast pizza pineapple milk
17 banana bread craisins milk	18 french toast fruit cocktail milk	19 mini bagels applesauce milk	20 pancake wrap mandarin oranges milk	21 breakfast pizza pineapple milk
24 banana bread craisins milk	25 Cooks Choice	26 Cooks Choice		

Breakfast requirements offered: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; cinnamon toast crunch cereal, honey nut cherrios, cocoa puffs , juice choices include apple, grape, orange or fruit punch, all 100% juice; and choice of 1% unflavored or fat free chocolate milk.

Menu subject to change without notice.

This institution is an equal opportunity provider.

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.