

New Haven School District #138

Pre - K Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
	3 mini maple waffle applesauce milk	4 french toast peaches milk	5 pancake wrap pineapple milk	6 breakfast pizza fruit cocktail milk
9 mini pancakes applesauce milk	10 biscuit & gravy peaches milk	11 french toast pear/man.orange milk	12 scrambled eggs/ toast pineapple milk	13 mini bagels fruit cocktail milk
16 mini maple waffle applesauce milk	17 biscuit & gravy peaches milk	18 french toast craisins milk	19 pancake wrap pineapple milk	20 breakfast pizza fruit cocktail milk
23 mini pancakes applesauce milk	24 biscuit & gravy peaches milk	25 french toast pear/man.orange milk	26 scrambled eggs/ toast pineapple milk	27 mini bagels fruit cocktail milk
30 mini maple waffle applesauce milk				

Breakfast requirements: ½ oz whole grains, ½ cup of fruit, and 6 oz unflavored low fat milk.

Students may choose cinnamon toast crunch cereal instead of breakfast entree.

Students may choose a yogurt in addition to requirements.

Menu subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

New Haven School District #138

K - 6 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
	3 mini maple waffle applesauce milk	4 french toast peaches milk	5 pancake wrap pineapple milk	6 breakfast pizza fruit cocktail milk
9 mini pancakes applesauce milk	10 biscuit & gravy peaches milk	11 french toast pear/man.orange milk	12 scrambled eggs/ toast pineapple milk	13 mini bagels fruit cocktail milk
16 mini maple waffle applesauce milk	17 biscuit & gravy peaches milk	18 french toast craisins milk	19 pancake wrap pineapple milk	20 breakfast pizza fruit cocktail milk
23 mini pancakes applesauce milk	24 biscuit & gravy peaches milk	25 french toast pear/man.orange milk	26 scrambled eggs/ toast pineapple milk	27 mini bagels fruit cocktail milk
30 mini maple waffle applesauce milk				

Breakfast requirements offered: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; cinnamon toast crunch cereal, honey nut cherrios, cocoa puffs , juice choices include apple, grape, orange or fruit punch, all 100% juice; and choice of 1% unflavored or fat free chocolate milk.

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New Haven Public School District 138

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	3 pancakes fruit choice milk	4 french toast fruit choice milk	5 Fiesta Cheese Omelet fruit choice milk	6 breakfast pizza fruit choice milk
9 mini pancakes fruit choice milk	10 biscuit & gravy sausage patty fruit choice milk	11 french toast fruit choice milk	12 scrambled eggs/ toast fruit choice milk	13 pancake wrap fruit choice milk
16 mini maple waffle fruit choice milk	17 pancakes fruit choice milk	18 french toast fruit choice milk	19 Fiesta Cheese Omelet fruit choice milk	20 breakfast pizza fruit choice milk
23 mini pancakes fruit choice milk	24 biscuit & gravy sausage patty fruit choice milk	25 french toast fruit choice milk	26 scrambled eggs/ toast fruit choice milk	27 pancake wrap fruit choice milk
30 mini maple waffle fruit choice milk				

Breakfast requirements: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk
Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; banana bread; mini bagels, honey nut cheerios, cinnamon toast crunch, juice choices include apple, grape, orange, fruit punch all 100% juice; fruit choices include fresh and canned fruits.

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