

New Haven Public School District 138

Monday	Tuesday	Wednesday	Thursday	Friday
	1 taco triangles steamed corn cherry applesauce milk	2 Surprise Sack Lunch !	3 chicken strips breadstick mixed vegetables peaches milk	4 World Smile Day ! br. chicken on bun potato smiles fresh broccoli apple cookie milk
7 spaghetti & meat balls garlic bread steamed green beans fruit cocktail milk	8 popcorn chicken mac & cheese steamed carrots fruit slushie milk	9 chicken fajita steamed corn straw.applesauce milk	10 corn dog mixed vegetables peaches m&m cookie milk	11 hamburger on bun french fries fresh broccoli trail mix milk
14 National School Lunch Week !	15 br. moz.sticks/sauce or steamed green beans pineapple ice cream milk	16 br. chicken drumstick soft pretzel whipped potato/gravy fruit slushie milk	17 chicken nuggets mixed vegetables peaches sugar cookie milk	18 bbq rib on bun curly fries fresh veggies fresh fruit cup milk
21 Breakfast for Lunch ! breakfast pizza hash brown rounds mango juice fruit cocktail milk	22 pizza bosco stick steamed green beans pineapple milk	23 toast ravioli/m.sauce steamed carrots applesauce Tye Dye Cake ! milk	24 taco salad toss salad / tomato peaches chocolate chip cookie milk	25 hamburger on bun french fries fresh broccoli trail mix milk
28 cheese nachos steamed corn fresh carrots fruit cocktail milk	29 bosco stick w/sauce steamed green beans pineapple milk	30 corn dog tator tots cherry applesauce milk	31 pepperoni pizza mixed vegetables fresh veggies peaches chocolate cookie milk	

Lunch requirements: ½ oz whole grains, ¼ cup of fruit, ¼ cup of vegetable, 1 ½ oz protein, and 6 oz unflavored low fat milk.

Menu is subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

New Haven Public School District 138

Lunch K - 6

Monday	Tuesday	Wednesday	Thursday	Friday
	1 taco triangles or mini chicken tacos steamed corn refried beans cherry applesauce milk	2 Surprise Sack Lunch !	3 chicken strips or salad bar-ham breadstick mixed vegetables peaches milk	4 World Smile Day ! br. chicken on bun potato smiles fresh broccoli apple cookie milk
7 spaghetti & meat balls or deli turkey sand. garlic bread steamed green beans fruit cocktail milk	8 popcorn chicken or salad bar-ham mac & cheese steamed carrots fruit slushie milk	9 chicken fajita or gr. ham&cheese sand. steamed corn refried beans straw.applesauce milk	10 corn dog or salad bar-ham mixed vegetables peaches m&m cookie milk	11 hamburger on bun french fries fresh broccoli trail mix milk
14 National School Lunch Week !	15 br. moz.sticks/sauce or salad bar-ham steamed green beans pineapple ice cream milk	16 br. chicken drumstick soft pretzel or mini corn dogs whipped potato/gravy dragon punch juice fruit slushie milk	17 chicken nuggets or salad bar-ham mixed vegetables peaches sugar cookie milk	18 bbq rib on bun curly fries fresh veggies fresh fruit cup milk
21 Breakfast for Lunch ! breakfast pizza hash brown rounds mango juice fruit cocktail milk	22 pizza bosco stick or salad bar-ham steamed green beans pineapple milk	23 toast ravioli/m.sauce or corn dog steamed carrots applesauce Tye Dye Cake ! milk	24 taco salad or deli ham sand. toss salad / tomato refried beans peaches chocolate chip cookie milk	25 hamburger on bun french fries fresh broccoli trail mix milk
28 cheese nachos or mini chicken tacos steamed corn fresh carrots fruit cocktail milk	29 bosco stick w/sauce or salad bar-ham steamed green beans pineapple milk	30 meatball sub or corn dog tator tots baked beans cherry applesauce milk	31 pepperoni pizza mixed vegetables fresh veggies peaches chocolate cookie milk	

Lunch requirements offered: 1- 2 oz whole grains, 1/2 cup of fruit, 3/4 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

Menu subject to change without notice.

This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

New Haven Public School District 138

October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	shred.beef burrito bar or corn dog toss salad / tomato refried beans fruit choice milk	bbq pork on bun tator tots dragon punch juice fruit choice ice cream milk	bosco w/m.sauce or greek salad bar steamed green beans fresh carrots fruit choice bread pudding milk	spicy chicken on bun or br. chicken on bun curly fries sandwich bar fruit choice milk
7	8	9	10	11
pepperoni pizza or beef &gravy/bun mixed vegetables fresh broccoli fruit choice m&m cookie milk	chicken nuggets or greek salad bar biscuit steamed carrots fresh veggies fruit choice milk	mini chicken tacos or pulled pork nachos seasoned potatoes baked beans fruit choice milk	spaghetti & meat balls or southwest salad bar garlic bread steamed green beans fruit choice cherry crisp milk	hamburger on bun french fries sandwich bar fruit choice milk
14	15	16	17	18
National School Lunch Week !	br. chicken drumstick or spicy chicken nuggets biscuit whipped potato/gravy fresh veggies fruit choice sugar cookie milk	chicken&rice bowl or parm. chicken on bun stir fry blend veg fresh carrots fruit choice milk	br. moz.sticks/sauce or southwest salad bar steamed green beans fruit choice Tye Dye Cake ! milk	deli sub on roll chips sub sandwich bar fruit choice ice cream bar milk
21	22	23	24	25
chicken fajita or pizza bosco stick mixed vegetables black bean salad fruit choice chocolate chip cookie milk	chicken strips or greek salad bar mac & cheese steamed carrots fresh veggies fruit choice milk	beef teryaki&rice or popcorn chicken seasoned rice steamed broccoli fresh veggies fruit choice milk	toast ravioli/m.sauce or southwest salad bar steamed green beans fruit choice chocolate pudding milk	hamburger on bun french fries sandwich bar fruit choice milk
28	29	30	31	
pepperoni pizza or grilled chicken on bun mixed vegetables fresh broccoli fruit choice chocolate cookie milk	taco salad or corn dog toss salad / tomato refried beans fruit choice milk	bbq pork on bun tator tots dragon punch juice fruit choice ice cream milk	spicy chicken on bun or br. chicken on bun curly fries sandwich bar fruit choice milk	

Lunch requirements: 1-2 oz whole grains, 1/2 to 1 cup of fruit, 3/4 to 1 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

Menu subject to change without notice.

This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.