

New Haven Public School District 138

Monday	Tuesday	Wednesday	Thursday	Friday
	1 biscuit & gravy peaches milk	2 french toast craisins milk	3 oatmeal pineapple milk	4 pancake wrap fruit cocktail milk
7 mini pancakes applesauce milk	8 biscuit & gravy peaches milk	9 french toast pear/man.orange milk	10 scrambled eggs/ toast pineapple milk	11 breakfast pizza fruit cocktail milk
14	15 biscuit & gravy peaches milk	16 french toast craisins milk	17 oatmeal pineapple milk	18 pancake wrap fruit cocktail milk
21 mini pancakes applesauce milk	22 biscuit & gravy peaches milk	23 french toast pear/man.orange milk	24 scrambled eggs/ toast pineapple milk	25 breakfast pizza fruit cocktail milk
28 mini maple waffle applesauce milk	29 biscuit & gravy peaches milk	30 french toast craisins milk	31 oatmeal pineapple milk	

Breakfast requirements: ½ oz whole grains, ½ cup of fruit, and 6 oz unflavored low fat milk.
 Students may choose cinnamon toast crunch cereal instead of breakfast entree.
 Students may choose a yogurt in addition to requirements.
 Menu subject to change without notice.
 This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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	1 biscuit & gravy peaches milk	2 french toast craisins milk	3 oatmeal pineapple milk	4 pancake wrap fruit cocktail milk
7 mini pancakes applesauce milk	8 biscuit & gravy peaches milk	9 french toast pear/man.orange milk	10 scrambled eggs/ toast pineapple milk	11 breakfast pizza fruit cocktail milk
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21 mini pancakes applesauce milk	22 biscuit & gravy peaches milk	23 french toast pear/man.orange milk	24 scrambled eggs/ toast pineapple milk	25 breakfast pizza fruit cocktail milk
28 mini maple waffle applesauce milk	29 biscuit & gravy peaches milk	30 french toast craisins milk	31 oatmeal pineapple milk	

Breakfast requirements offered: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; cinnamon toast crunch cereal, honey nut cherrios, cocoa puffs , juice choices include apple, grape, orange or fruit punch, all 100% juice; and choice of 1% unflavored or fat free chocolate milk.

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New Haven Public School District 138

October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 pancakes fruit choice milk	2 french toast fruit choice milk	3 Fiesta Cheese Omelet fruit choice milk	4 breakfast pizza fruit choice milk
7 mini pancakes fruit choice milk	8 biscuit & gravy sausage patty fruit choice milk	9 french toast fruit choice milk	10 scrambled eggs/ toast fruit choice milk	11 pancake wrap fruit choice milk
14	15 pancakes fruit choice milk	16 french toast fruit choice milk	17 Fiesta Cheese Omelet fruit choice milk	18 breakfast pizza fruit choice milk
21 mini pancakes fruit choice milk	22 biscuit & gravy sausage patty fruit choice milk	23 french toast fruit choice milk	24 scrambled eggs/ toast fruit choice milk	25 pancake wrap fruit choice milk
28 mini maple waffle fruit choice milk	29 pancakes fruit choice milk	30 french toast fruit choice milk	31 Fiesta Cheese Omelet fruit choice milk	

Breakfast requirements: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; banana bread; mini bagels, honey nut cheerios, cinnamon toast crunch, juice choices include apple, grape, orange, fruit punch all 100% juice; fruit choices include fresh and canned fruits.

Menu subject to change without notice.

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