

New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
			1 hamburger on bun french fries fresh veggies pineapple milk	2
5 chicken nuggets mixed vegetables applesauce m&m cookie milk	6 taco triangles toss salad peaches milk	7 br. chicken on bun tator tots fresh carrots pears milk	8 pasta and meat sauce garlic bread steamed green beans fruit cocktail pudding cup milk	9 grilled chicken on bun french fries fresh broccoli pineapple milk
12 pepperoni pizza steamed green beans applesauce ice cream milk	13 bbq chicken on bun tator tots peaches milk	14 pizza rolls steamed corn fresh carrots pears milk	15 corn dog mixed vegetables slushie fruit cocktail milk	16 roast turkey bread roll whipped potato/gravy dragon punch juice pineapple pumpkin pie milk
19 toast ravioli/m.sauce steamed green beans applesauce chocolate chip cookie milk	20 chicken strips breadstick steamed carrots fruit slushie milk	21	22	23
26 pepperoni pizza steamed green beans straw. applesauce sugar cookie milk	27 bbq rib on bun tator tots peaches milk	28 popcorn chicken mac & cheese steamed carrots pears milk	29 bosco stick/ m.sauce mixed vegetables fresh apple slices blueberry muffin milk	30 br. chicken on bun french fries fresh broccoli pineapple milk

Lunch requirements: ½ oz whole grains, ¼ cup of fruit, ¼ cup of vegetable, 1 ½ oz protein, and 6 oz unflavored low fat milk.

Menu is subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

New Haven School District #138

K - 6 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			1 hamburger on bun french fries fresh veggies pineapple milk	2
5 chicken nuggets corn dog mixed vegetables applesauce m&m cookie milk	6 taco triangles salad bar-ham toss salad refried beans peaches milk	7 br. chicken on bun tator tots fresh carrots pears milk	8 pasta and meat sauce salad bar-ham garlic bread steamed green beans fruit cocktail pudding cup milk	9 grilled chicken on bun french fries fresh broccoli pineapple milk
12 pepperoni pizza corn dog steamed green beans applesauce ice cream milk	13 bbq chicken on bun salad bar-ham tator tots baked beans peaches milk	14 chicken fajita pizza rolls steamed corn fresh carrots pears milk	15 meatball sub deli ham sandwich mixed vegetables slushie fruit cocktail milk	16 roast turkey bread roll whipped potato/gravy dragon punch juice pineapple pumpkin pie milk
19 toast ravioli/m.sauce corn dog steamed green beans applesauce chocolate chip cookie milk	20 chicken strips pizza rolls breadstick steamed carrots fruit slushie milk	21	22	23
26 pepperoni pizza steamed green beans straw. applesauce sugar cookie milk	27 bbq rib on bun corn dog tator tots baked beans peaches milk	28 popcorn chicken pizza rolls mac & cheese steamed carrots pears milk	29 bosco stick/ m.sauce deli ham sandwich mixed vegetables fresh apple slices blueberry muffin milk	30 br. chicken on bun french fries fresh broccoli pineapple milk

Lunch requirements offered: 1- 2 oz whole grains, 1/2 cup of fruit, 3/4 cup of vegetable, 1-2 oz protein and 1 cup of milk
 Students must choose at least 3 items, including 1/2 cup fruit or vegetable.
 Milk choices include 1% unflavored and fat-free chocolate.
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Monday	Tuesday	Wednesday	Thursday	Friday
			1 pizza rolls corn dog toss salad / tomato slushie fruit choice milk	2
5 steak fajita taco triangles steamed corn refried beans fruit choice m&m cookie milk	6 chicken nuggets southwest salad bar mac & cheese steamed broccoli fresh veggies fruit choice milk	7 br. chicken on bun tator tots sandwich bar fruit choice milk	8 spaghetti&meat sauce greek salad bar garlic bread steamed green beans fruit choice cherry crisp milk	9 hamburger on bun french fries sandwich bar fruit choice milk
12 toast ravioli/m.sauce southwest salad bar steamed green beans fruit choice sugar cookie milk	13 bbq pork on bun cheese nachos mixed vegetables baked beans fruit choice milk	14 soft taco bar pizza rolls toss salad fresh veggies fruit choice milk	15 roast turkey bread roll whipped potato/gravy dragon punch juice fruit choice pumpkin pie milk	16 chicken fajita corn dog steamed corn fresh carrots fruit choice milk
19 1 choice today gr. ham&cheese sand. soup bar fresh carrots fruit choice m&m cookie milk	20 grilled chicken on bun spicy chicken on bun french fries sandwich bar fruit choice milk	21	22	23
26 pepperoni pizza bosco stick/ m.sauce steamed green beans mango juice fruit choice chocolate chip cookie milk	27 cheesy chicken&salsa corn dog mixed vegetables refried beans fruit choice milk	28 chicken strips chicken&rice bowl garlic bread steamed broccoli fresh carrots fruit choice milk	29 bbq rib on bun greek salad bar oven roasted potatoes baked beans fruit choice pudding cup milk	30 hamburger on bun french fries sandwich bar fruit choice milk

Lunch requirements: 1-2 oz whole grains, 1/2 to 1 cup of fruit, 3/4 to 1 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

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