

New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
			1 scrambled eggs/toast peaches milk	2
5 mini maple waffle orange smiles milk	6 biscuit & gravy pears milk	7 french toast applesauce milk	8 oatmeal peaches milk	9 pancake wrap fruit cocktail milk
12 apple boscoe stick orange smiles milk	13 biscuit & gravy craisins milk	14 french toast applesauce milk	15 chocolate chip muffin peaches milk	16 mini bagels fruit cocktail milk
19 mini pancakes mandarin oranges milk	20 biscuit & gravy craisins milk	21	22	23
26 mini maple waffle mandarin oranges milk	27 biscuit & gravy pears milk	28 french toast applesauce milk	29 banana muffin peaches milk	30 pancake wrap fruit cocktail milk

Breakfast requirements: ½ oz whole grains, ½ cup of fruit, and 6 oz unflavored low fat milk.
 Students may choose cinnamon toast crunch cereal instead of breakfast entree.
 Students may choose a yogurt in addition to requirements.
 Menu subject to change without notice.
 This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.
 * - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

New Haven School District #138

K - 6 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
			1 scrambled eggs/toast peaches milk	2
5 mini maple waffle orange smiles milk	6 biscuit & gravy pears milk	7 french toast applesauce milk	8 oatmeal peaches milk	9 pancake wrap fruit cocktail milk
12 apple boscoe stick orange smiles milk	13 biscuit & gravy craisins milk	14 french toast applesauce milk	15 chocolate chip muffin peaches milk	16 mini bagels fruit cocktail milk
19 mini pancakes mandarin oranges milk	20 biscuit & gravy craisins milk	21	22	23
26 mini maple waffle mandarin oranges milk	27 biscuit & gravy pears milk	28 french toast applesauce milk	29 banana muffin peaches milk	30 pancake wrap fruit cocktail milk

Breakfast requirements offered: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; cinnamon toast crunch cereal, honey nut cherrios, cocoa puffs , juice choices include apple, grape, orange or fruit punch, all 100% juice; and choice of 1% unflavored or fat free chocolate milk.

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New Haven School District #138

Middle/High School Breakfast

Oct 27, 2018

November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 apple boscoe stick fruit choice milk	2
5 mini pancakes fruit choice milk	6 biscuit & gravy sausage patty fruit choice milk	7 french toast fruit choice milk	8 scrambled eggs/toast fruit choice milk	9 banana bread fruit choice milk
12 apple boscoe stick fruit choice milk	13 biscuit & gravy sausage patty fruit choice milk	14 french toast fruit choice milk	15 pancake wrap fruit choice milk	16 breakfast pizza fruit choice milk
19 pancake wrap fruit choice milk	20 mini pancakes fruit choice milk	21	22	23
26 mini bagels fruit choice milk	27 biscuit & gravy sausage patty fruit choice milk	28 french toast fruit choice milk	29 scrambled eggs/toast fruit choice milk	30 breakfast pizza fruit choice milk

Breakfast requirements: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; banana bread; mini bagels, honey nut cheerios, cinnamon toast crunch, juice choices include apple, grape, orange, fruit punch all 100% juice; fruit choices include fresh and canned fruits.

Menu subject to change without notice.

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