

New Haven School District #138

March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 hamburger on bun french fries pineapple milk
4 chicken nuggets mixed vegetables applesauce sugar cookie milk	5 corn dog steamed corn peaches milk	6 scrambled eggs biscuit & gravy tator tots pears milk	7 spaghetti&meat sauce garlic bread steamed green beans fruit cocktail milk	8 cheese nachos steamed carrots fresh broccoli pineapple jello cup milk
11 toast ravioli/m.sauce string cheese steamed green beans applesauce chocolate chip cookie milk	12 bbq rib on bun tator tots peaches milk	13 popcorn chicken broccoli and cheese fresh carrots pears milk	14 roast chicken breadstick steamed carrots fruit cocktail milk	15 cheese pizza mixed vegetables fresh veggies cherry crisp milk
18 taco triangles steamed corn applesauce sugar cookie milk	19 bbq chicken on bun tator tots fresh carrots peaches milk	20 chicken strips mac & cheese steamed carrots pears milk	21 roast turkey on bun whipped potato/gravy strawberry cup milk	22 bosco stick/ sauce string cheese mixed vegetables pineapple milk
25 pepperoni pizza steamed green beans applesauce m&m cookie milk	26 br. chicken on bun tator tots peaches milk	27 roast chicken breadstick mixed vegetables pears ice cream milk	28 taco salad fresh veggies fruit cocktail milk	29 cheese nachos steamed carrots slushie pineapple milk

Lunch requirements: ½ oz whole grains, ¼ cup of fruit, ¼ cup of vegetable, 1 ½ oz protein, and 6 oz unflavored low fat milk.

Menu is subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

New Haven School District #138

K - 6 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				1 hamburger on bun french fries slushie pineapple milk
4 chicken nuggets corn dog mixed vegetables dragon punch juice applesauce sugar cookie milk	5 deli turkey sand. salad bar-ham steamed corn baked beans peaches milk	6 scrambled eggs biscuit & gravy tator tots pears milk	7 spaghetti&meat sauce salad bar-ham garlic bread steamed green beans fruit cocktail milk	8 cheese nachos steamed carrots fresh broccoli pineapple jello cup milk
11 toast ravioli/m.sauce corn dog steamed green beans applesauce chocolate chip cookie milk	12 bbq rib on bun salad bar-ham tator tots baked beans peaches milk	13 popcorn chicken meatball sub broccoli and cheese fresh carrots pears milk	14 roast chicken salad bar-ham breadstick steamed carrots fruit cocktail milk	15 cheese pizza mixed vegetables fresh veggies cherry crisp milk
18 taco triangles corn dog steamed corn refried beans applesauce sugar cookie milk	19 bbq chicken on bun salad bar-ham tator tots fresh carrots peaches milk	20 chicken strips pizza rolls mac & cheese steamed carrots fresh veggies pears milk	21 roast turkey on bun deli ham sand. whipped potato/gravy apple juice pumpkin pie milk	22 bosco stick/ sauce string cheese mixed vegetables pineapple milk
25 pepperoni pizza corn dog steamed green beans applesauce m&m cookie milk	26 br. chicken on bun salad bar-ham tator tots baked beans peaches milk	27 roast chicken breadstick mixed vegetables fresh carrots pears ice cream milk	28 taco salad deli ham sand. toss salad fresh veggies fruit cocktail milk	29 cheese nachos steamed carrots slushie pineapple milk

Lunch requirements offered: 1- 2 oz whole grains, 1/2 cup of fruit, 3/4 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

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Monday	Tuesday	Wednesday	Thursday	Friday
				1 hamburger on bun french fries sandwich bar fruit choice milk
4 popcorn chicken southwest salad bar mac & cheese mixed vegetables fresh carrots fruit choice m&m cookie milk	5 chicken fajita roast pork on bun steamed corn refried beans fruit choice milk	6 scrambled egg bar biscuit seasoned potatoes dragon punch juice fruit choice milk	7 spaghetti & meat balls greek salad bar garlic bread steamed green beans fruit choice bread pudding milk	8 fish fillet on bun grilled chicken on bun french fries sandwich bar fruit choice milk
11 bbq roast chicken salad bar breadstick mixed vegetables baked beans fruit choice sugar cookie milk	12 br. chicken on bun spicy chicken on bun tator tots sandwich bar fruit choice milk	13 toast ravioli/m.sauce bosco stick/ sauce steamed green beans mango juice fruit choice blueberry muffin milk	14 chicken alfredo southwest salad bar garlic bread steamed broccoli fresh veggies fruit choice milk	15 cheese pizza hamburger on bun french fries sandwich bar fruit choice milk
18 bbq chicken on bun deli ham& turkey sub seasoned potatoes baked beans fruit choice chocolate chip cookie milk	19 sloppy joe on bun southwest salad bar mixed vegetables slushie fruit choice milk	20 chicken nuggets pizza rolls breadstick mixed vegetables fresh carrots fruit choice milk	21 taco salad corn dog steamed corn fresh veggies fruit choice ice cream milk	22 fish fillet on bun grilled chicken on bun french fries sandwich bar fruit choice milk
25 pepperoni pizza taco triangles steamed green beans fresh carrots fruit choice sugar cookie milk	26 glazed roast chicken southwest salad bar biscuit broccoli and cheese mango juice fruit choice milk	27 chicken fajita bbq pork on bun steamed corn refried beans fruit choice pudding cup milk	28 roast turkey on bun salisbury steak/bun whipped potato/gravy fresh veggies fruit choice milk	29 cheese nachos hamburger on bun french fries sandwich bar fruit choice milk

Lunch requirements: 1-2 oz whole grains, 1/2 to 1 cup of fruit, 3/4 to 1 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

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