

New Haven School District #138

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| | | | | 1 pancake wrap fruit cocktail milk |
| 4 breakfast pizza mandarin oranges milk | 5 biscuit & gravy pears milk | 6 french toast applesauce milk | 7 oatmeal peaches milk | 8 banana muffin fruit cocktail milk |
| 11 pancake wrap mandarin oranges milk | 12 biscuit & gravy pears milk | 13 french toast applesauce milk | 14 scrambled eggs/toast peaches milk | 15 apple boscoe stick fruit cocktail milk |
| 18 breakfast pizza mandarin oranges milk | 19 biscuit & gravy pears milk | 20 french toast applesauce milk | 21 oatmeal peaches milk | 22 mini pancakes fruit cocktail milk |
| 25 pancake wrap mandarin oranges milk | 26 biscuit & gravy pears milk | 27 french toast applesauce milk | 28 scrambled eggs/toast peaches milk | 29 choc. chip muffin fruit cocktail milk |

Breakfast requirements: ½ oz whole grains, ½ cup of fruit, and 6 oz unflavored low fat milk.

Students may choose cinnamon toast crunch cereal instead of breakfast entree.

Students may choose a yogurt in addition to requirements.

Menu subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| | | | | 1 pancake wrap fruit cocktail milk |
| 4 breakfast pizza mandarin oranges milk | 5 biscuit & gravy pears milk | 6 french toast applesauce milk | 7 oatmeal peaches milk | 8 banana muffin fruit cocktail milk |
| 11 pancake wrap mandarin oranges milk | 12 biscuit & gravy pears milk | 13 french toast applesauce milk | 14 scrambled eggs/toast peaches milk | 15 apple boscoe stick fruit cocktail milk |
| 18 breakfast pizza mandarin oranges milk | 19 biscuit & gravy pears milk | 20 french toast applesauce milk | 21 oatmeal peaches milk | 22 mini pancakes fruit cocktail milk |
| 25 pancake wrap mandarin oranges milk | 26 biscuit & gravy pears milk | 27 french toast applesauce milk | 28 scrambled eggs/toast peaches milk | 29 choc. chip muffin fruit cocktail milk |

Breakfast requirements offered: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk
Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; cinnamon toast crunch cereal, honey nut cherrios, cocoa puffs , juice choices include apple, grape, orange or fruit punch, all 100% juice; and choice of 1% unflavored or fat free chocolate milk.

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New Haven School District #138

Middle/High School Breakfast

March 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|---|
| | | | | 1 pancake wrap fruit choice milk |
| 4 mini pancakes fruit choice milk | 5 biscuit & gravy sausage patty fruit choice milk | 6 french toast fruit choice milk | 7 pancake wrap fruit choice milk | 8 scrambled eggs/ toast fruit choice milk |
| 11 mini maple waffle fruit choice milk | 12 biscuit & gravy sausage patty fruit choice milk | 13 french toast fruit choice milk | 14 breakfast pizza fruit choice milk | 15 scrambled eggs/ toast fruit choice milk |
| 18 mini pancakes fruit choice milk | 19 biscuit & gravy sausage patty fruit choice milk | 20 french toast fruit choice milk | 21 pancake wrap fruit choice milk | 22 scrambled eggs/ toast fruit choice milk |
| 25 mini maple waffle fruit choice milk | 26 biscuit & gravy sausage patty fruit choice milk | 27 french toast fruit choice milk | 28 breakfast pizza fruit choice milk | 29 scrambled eggs/ toast fruit choice milk |

Breakfast requirements: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; banana bread; mini bagels, honey nut cheerios, cinnamon toast crunch, juice choices include apple, grape, orange, fruit punch all 100% juice; fruit choices include fresh and canned fruits.

Menu subject to change without notice.

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