

New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
			3 pepperoni pizza steamed green beans straw. applesauce m&m cookie milk	4 hamburger on bun french fries slushie pineapple milk
7 chicken nuggets steamed broccoli applesauce sugar cookie milk	8 taco triangles mixed vegetables refried beans peaches milk	9 br. chicken on bun tator tots pears pudding cup milk	10 pasta and meat sauce garlic bread steamed green beans fruit cocktail milk	11 grilled chicken on bun french fries fresh veggies pineapple milk
14 toast ravioli/m.sauce steamed green beans applesauce chocolate chip cookie milk	15 bbq rib on bun tator tots peaches milk	16 popcorn chicken steamed corn fresh carrots cherry crisp milk	17 roast chicken garlic bread steamed carrots fruit cocktail milk	18 hamburger on bun french fries fresh veggies pineapple milk
21	22 grilled chicken on bun whipped potato/gravy peaches ice cream milk	23 chicken strips mac & cheese steamed carrots pears milk	24 taco salad refried beans fresh apple slices milk	25 br. chicken on bun french fries fresh veggies pineapple milk
28 pepperoni pizza steamed green beans applesauce m&m cookie milk	29 bbq rib on bun tator tots peaches milk	30 cheese nachos toss salad fresh tomatoes pears jello cup milk	31 roast turkey on bun whipped potato/gravy dragon punch juice fruit cocktail milk	

Lunch requirements: ½ oz whole grains, ¼ cup of fruit, ¼ cup of vegetable, 1 ½ oz protein, and 6 oz unflavored low fat milk.

Menu is subject to change without notice.
This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

New Haven School District #138

K - 6 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			3 pepperoni pizza steamed green beans straw. applesauce m&m cookie milk	4 hamburger on bun french fries slushie pineapple milk
7 chicken nuggets corn dog steamed broccoli dragon punch juice applesauce sugar cookie milk	8 taco triangles gr. ham&cheese sand. mixed vegetables refried beans peaches milk	9 br. chicken on bun tator tots mango juice pears pudding cup milk	10 pasta and meat sauce salad bar-ham garlic bread steamed green beans fruit cocktail milk	11 grilled chicken on bun french fries fresh veggies pineapple milk
14 toast ravioli/m.sauce corn dog steamed green beans applesauce chocolate chip cookie milk	15 bbq rib on bun salad bar-ham tator tots baked beans peaches milk	16 popcorn chicken pizza rolls steamed corn fresh carrots cherry crisp milk	17 roast chicken salad bar-ham garlic bread steamed carrots fresh broccoli fruit cocktail milk	18 hamburger on bun french fries fresh veggies pineapple milk
21	22 grilled chicken on bun deli turkey sand. whipped potato/gravy fresh carrots peaches ice cream milk	23 chicken strips pizza rolls mac & cheese steamed carrots pears milk	24 taco salad gr. ham&cheese sand. toss salad refried beans fresh apple slices milk	25 br. chicken on bun french fries fresh veggies pineapple milk
28 pepperoni pizza corn dog steamed green beans applesauce m&m cookie milk	29 bbq rib on bun salad bar-ham tator tots baked beans peaches milk	30 cheese nachos pizza rolls toss salad / tomato pears jello cup milk	31 roast turkey on bun deli ham sandwich whipped potato/gravy fresh carrots fruit cocktail milk	

Lunch requirements offered: 1- 2 oz whole grains, 1/2 cup of fruit, 3/4 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

Menu subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
			3 chicken strips biscuit whipped potato/gravy slushie fruit choice milk	4 pepperoni pizza steamed green beans mango juice fruit choice milk
7 chicken alfredo corn dog steamed broccoli dragon punch juice fruit choice sugar cookie milk	8 bbq pork on bun meatball sub seasoned potatoes baked beans fruit choice milk	9 chicken nuggets chicken&rice bowl breadstick mixed vegetables mango juice fruit choice milk	10 soft taco pizza rolls toss salad fresh veggies fruit choice cherry crisp milk	11 hamburger on bun french fries sandwich bar fruit choice milk
14 roast chicken taco triangles steamed corn refried beans fruit choice m&m cookie milk	15 pepperoni pizza southwest salad bar steamed carrots fresh broccoli fruit choice milk	16 dell ham& turkey sub corn dog tator tots sub sandwich bar fruit choice milk	17 pasta and meat sauce greek salad bar garlic bread steamed green beans fruit choice pudding cup milk	18 br. chicken on bun spicy chicken on bun french fries sandwich bar fruit choice milk
21	22 bbq chicken on bun southwest salad bar seasoned potatoes fresh carrots fruit choice sugar cookie milk	23 toast ravioli/m.sauce bosco stick/ m.sauce steamed broccoli fruit choice milk	24 roast turkey on bun salisbury steak/bun whipped potato/gravy mango juice fruit choice pumpkin pie milk	25 chicken fajita pizza rolls steamed corn refried beans fruit choice milk
28 grilled chicken on bun spicy chicken on bun mixed vegetables sandwich bar fruit choice chocolate chip cookie milk	29 bbq pork on bun southwest salad bar tator tots baked beans fruit choice milk	30 roast chicken popcorn chicken mac & cheese california blend veg fresh carrots fruit choice blueberry muffin milk	31 spaghetti&meat sauce greek salad bar garlic bread steamed green beans fruit choice milk	

Lunch requirements: 1-2 oz whole grains, 1/2 to 1 cup of fruit, 3/4 to 1 cup of vegetable, 1-2 oz protein and 1 cup of milk
Students must choose at least 3 items, including 1/2 cup fruit or vegetable.
Milk choices include 1% unflavored and fat-free chocolate.
Menu subject to change without notice.
This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.