

# New Haven School District #138

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
			3 french toast craisins milk	4 banana muffin fruit cocktail milk
7 mini pancakes mandarin oranges milk	8 biscuit & gravy pears milk	9 french toast applesauce milk	10 mini bagels peaches milk	11 breakfast pizza fruit cocktail milk
14 apple boscoe stick mandarin oranges milk	15 biscuit & gravy pineapple milk	16 french toast applesauce milk	17 scrambled eggs/toast peaches milk	18 pancake wrap fruit cocktail milk
21	22 choc. chip muffin pears milk	23 french toast applesauce milk	24 oatmeal peaches milk	25 breakfast pizza fruit cocktail milk
28 mini maple waffle mandarin oranges milk	29 biscuit & gravy craisins milk	30 french toast applesauce milk	31 scrambled eggs/toast peaches milk	

Breakfast requirements: ½ oz whole grains, ½ cup of fruit, and 6 oz unflavored low fat milk.

Students may choose cinnamon toast crunch cereal instead of breakfast entree.

Students may choose a yogurt in addition to requirements.

Menu subject to change without notice.

This institution is an equal opportunity provider.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
			3 french toast craisins milk	4 banana muffin fruit cocktail milk
7 mini pancakes mandarin oranges milk	8 biscuit & gravy pears milk	9 french toast applesauce milk	10 mini bagels peaches milk	11 breakfast pizza fruit cocktail milk
14 apple boscoe stick mandarin oranges milk	15 biscuit & gravy pineapple milk	16 french toast applesauce milk	17 scrambled eggs/toast peaches milk	18 pancake wrap fruit cocktail milk
21	22 chocolate chip muffin pears milk	23 french toast applesauce milk	24 oatmeal peaches milk	25 breakfast pizza fruit cocktail milk
28 mini maple waffle mandarin oranges milk	29 biscuit & gravy craisins milk	30 french toast applesauce milk	31 scrambled eggs/toast peaches milk	

Breakfast requirements offered: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; cinnamon toast crunch cereal, honey nut cherrios, cocoa puffs , juice choices include apple, grape, orange or fruit punch, all 100% juice; and choice of 1% unflavored or fat free chocolate milk.

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# New Haven School District #138

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
			3 banana bread fruit choice milk	4 pancake wrap fruit choice milk
7 mini bagels fruit choice milk	8 biscuit & gravy sausage patty fruit choice milk	9 french toast fruit choice milk	10 scrambled eggs/toast fruit choice milk	11 breakfast pizza fruit choice milk
14 mini pancakes fruit choice milk	15 biscuit & gravy sausage patty fruit choice milk	16 french toast fruit choice milk	17 scrambled eggs/toast fruit choice milk	18 pancake wrap fruit choice milk
21	22 banana bread fruit choice milk	23 french toast fruit choice milk	24 scrambled eggs/toast fruit choice milk	25 breakfast pizza fruit choice milk
28 mini pancakes fruit choice milk	29 biscuit & gravy sausage patty fruit choice milk	30 french toast fruit choice milk	31 scrambled eggs/toast fruit choice milk	

Breakfast requirements: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk  
Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; banana bread; mini bagels, honey nut cheerios, cinnamon toast crunch, juice choices include apple, grape, orange, fruit punch all 100% juice; fruit choices include fresh and canned fruits.

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