

New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
				1 hamburger on bun french fries slushie pineapple milk
4 chicken nuggets mixed vegetables applesauce sugar cookie milk	5 chicken fajita steamed corn refried beans peaches milk	6 br. chicken on bun tator tots pears milk	7 spaghetti&meat sauce garlic bread steamed green beans fruit cocktail milk	8 grilled chicken on bun french fries fresh veggies strawberry cup milk
11 toast ravioli/m.sauce string cheese steamed green beans applesauce chocolate chip cookie milk	12 bbq rib on bun tator tots peaches milk	13 popcorn chicken broccoli and cheese fresh carrots pears milk	14 chicken alfredo garlic bread steamed carrots fruit cocktail milk	15 hamburger on bun french fries fresh veggies cherry crisp milk
18	19 bosco stick/ m.sauce steamed green beans peaches sugar cookie milk	20 roast chicken mac & cheese steamed broccoli pears milk	21 taco triangles steamed corn refried beans fruit cocktail pudding cup milk	22 br. chicken on bun french fries fresh veggies pineapple milk
25 pepperoni pizza steamed green beans applesauce m&m cookie milk	26 bbq chicken on bun tator tots peaches milk	27 pizza rolls steamed carrots fresh broccoli pears blueberry muffin milk	28 roast turkey on bun whipped potato/gravy fresh carrots fruit cocktail milk	

Lunch requirements: ½ oz whole grains, ¼ cup of fruit, ¼ cup of vegetable, 1 ½ oz protein, and 6 oz unflavored low fat milk.
Menu is subject to change without notice.
This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

New Haven School District #138

K - 6 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				1 hamburger on bun french fries slushie pineapple milk
4 chicken nuggets corn dog mixed vegetables dragon punch juice applesauce sugar cookie milk	5 chicken fajita salad bar-ham steamed corn refried beans peaches milk	6 br. chicken on bun tator tots fresh carrots pears milk	7 spaghetti&meat sauce salad bar-ham garlic bread steamed green beans fruit cocktail milk	8 grilled chicken on bun french fries fresh veggies strawberry cup milk
11 toast ravioli/m.sauce corn dog steamed green beans applesauce chocolate chip cookie milk	12 bbq rib on bun salad bar-ham tator tots baked beans peaches milk	13 popcorn chicken pizza rolls broccoli and cheese fresh carrots pears milk	14 chicken alfredo salad bar-ham garlic bread steamed carrots fruit cocktail milk	15 hamburger on bun french fries fresh veggies cherry crisp milk
18	19 bosco stick/ m.sauce corn dog steamed green beans peaches sugar cookie milk	20 roast chicken pizza rolls mac & cheese steamed broccoli fresh carrots pears milk	21 taco triangles deli ham sand. steamed corn refried beans fruit cocktail pudding cup milk	22 br. chicken on bun french fries fresh veggies pineapple milk
25 pepperoni pizza corn dog steamed green beans applesauce m&m cookie milk	26 bbq chicken on bun salad bar-ham tator tots baked beans peaches milk	27 chicken fajita pizza rolls steamed carrots fresh broccoli pears blueberry muffin milk	28 roast turkey on bun deli ham sand. whipped potato/gravy fresh carrots fruit cocktail milk	

Lunch requirements offered: 1- 2 oz whole grains, 1/2 cup of fruit, 3/4 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

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Middle/High School Lunch

Jan 21, 2019

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February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 hamburger on bun french fries sandwich bar fruit choice milk
4 bbq chicken on bun deli ham& turkey sub seasoned potatoes fresh carrots fruit choice sugar cookie milk	5 pepperoni pizza steamed green beans fresh veggies fruit choice milk	6 br. chicken on bun french fries sandwich bar fruit choice milk	7 taco salad corn dog steamed corn refried beans fruit choice milk	8 toast ravioli/m.sauce bosco stick/ m.sauce mixed vegetables fruit choice ice cream milk
11 bbq pork on bun taco triangles tator tots baked beans fruit choice m&m cookie milk	12 roast chicken southwest salad bar biscuit broccoli and cheese fresh carrots fruit choice milk	13 chicken nuggets pizza rolls scalloped potato mango juice fruit choice blueberry crisp milk	14 pasta and meat sauce greek salad bar garlic bread steamed green beans fruit choice milk	15 chicken fajita sloppy joe on bun toss salad fresh veggies fruit choice milk
18	19 hamburger on bun french fries sandwich bar fruit choice milk	20 chicken alfredo southwest salad bar garlic bread california blend veg fresh carrots fruit choice milk	21 pulled pork nachos corn dog mexicali corn fresh carrots fruit choice pudding cup milk	22 bbq chicken on bun spicy chicken on bun tator tots baked beans fruit choice milk
25 potato bar fresh veggies fruit choice sugar cookie milk	26 roast chicken southwest salad bar biscuit mixed vegetables fresh carrots fruit choice milk	27 meatball sub pizza rolls steamed green beans fresh veggies fruit choice milk	28 roast turkey on bun salisbury steak/bun whipped potato/gravy dragon punch juice fruit choice jello cup milk	

Lunch requirements: 1-2 oz whole grains, 1/2 to 1 cup of fruit, 3/4 to 1 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

Menu subject to change without notice.

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