

New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
3 chicken nuggets mixed vegetables applesauce m&m cookie milk	4 taco triangles steamed corn refried beans peaches milk	5 br. chicken on bun tator tots fresh carrots pears milk	6 pasta and meat sauce garlic bread steamed green beans fruit cocktail jello cup milk	7 grilled chicken on bun french fries fresh broccoli pineapple milk
10 toast ravioli/m.sauce steamed green beans applesauce chocolate chip cookie milk	11 bbq chicken on bun tator tots peaches milk	12 popcorn chicken broccoli and cheese fresh carrots cherry crisp milk	13 roast chicken garlic bread steamed carrots fruit cocktail milk	14 hamburger on bun french fries fresh veggies pineapple milk
17 pepperoni pizza steamed green beans applesauce sugar cookie milk	18 grilled chicken on bun tator tots baked beans peaches milk	19 chicken strips breadstick steamed carrots pears milk	20 roast turkey bread roll whipped potato/gravy dragon punch juice fruit cocktail milk	21 Sack Lunch

Lunch requirements: ½ oz whole grains, ¼ cup of fruit, ¼ cup of vegetable, 1 ½ oz protein, and 6 oz unflavored low fat milk.

Menu is subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

New Haven School District #138

K - 6 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 chicken nuggets corn dog mixed vegetables applesauce m&m cookie milk	4 taco triangles salad bar-ham steamed corn refried beans peaches milk	5 br. chicken on bun tator tots fresh carrots pears milk	6 pasta and meat sauce salad bar-ham garlic bread steamed green beans fruit cocktail jello cup milk	7 grilled chicken on bun french fries fresh broccoli pineapple milk
10 toast ravioli/m.sauce corn dog steamed green beans applesauce chocolate chip cookie milk	11 bbq chicken on bun salad bar-ham tator tots baked beans peaches milk	12 popcorn chicken pizza rolls broccoli and cheese fresh carrots cherry crisp milk	13 roast chicken salad bar-ham garlic bread steamed carrots fruit cocktail milk	14 hamburger on bun french fries fresh veggies pineapple milk
17 pepperoni pizza corn dog steamed green beans applesauce sugar cookie milk	18 grilled chicken on bun deli ham sandwich tator tots baked beans peaches milk	19 chicken strips pizza rolls breadstick steamed carrots pears milk	20 roast turkey bread roll whipped potato/gravy dragon punch juice fruit cocktail milk	21 Sack Lunch

Lunch requirements offered: 1- 2 oz whole grains, 1/2 cup of fruit, 3/4 cup of vegetable, 1-2 oz protein and 1 cup of milk
 Students must choose at least 3 items, including 1/2 cup fruit or vegetable.
 Milk choices include 1% unflavored and fat-free chocolate.
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New Haven School District #138

December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 pepperoni pizza popcorn chicken mixed vegetables baked beans fruit choice sugar cookie milk	4 salisbury steak/bun southwest salad bar whipped potato/gravy fresh carrots fruit choice milk	5 br. chicken on bun tator tots sandwich bar fruit choice milk	6 spaghetti&meat sauce greek salad bar garlic bread steamed green beans fruit choice jello cup milk	7 hamburger on bun french fries sandwich bar fruit choice milk
10 meatball sub taco triangles steamed green beans refried beans fruit choice m&m cookie milk	11 chicken nuggets southwest salad bar biscuit broccoli and cheese fresh carrots fruit choice milk	12 bbq chicken on bun bosco stick/ m.sauce tator tots slushie fruit choice milk	13 macho nacho bar corn dog toss salad fresh veggies fruit choice blueberry muffin milk	14 grilled chicken on bun spicy chicken on bun french fries sandwich bar fruit choice milk
17 chicken fajita pizza rolls steamed corn refried beans fruit choice chocolate chip cookie milk	18 bbq pork on bun southwest salad bar mixed vegetables fresh broccoli fruit choice milk	19 roast chicken bread roll scalloped potato fresh veggies fruit choice cheesecake milk	20 toast ravioli/m.sauce steamed green beans fruit choice ice cream milk	21 hamburger on bun french fries sandwich bar fruit choice milk

Lunch requirements: 1-2 oz whole grains, 1/2 to 1 cup of fruit, 3/4 to 1 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

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