

# New Haven School District #138

## Preschool Breakfast December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 mini pancakes mandarin oranges milk	4 biscuit & gravy pears milk	5 french toast applesauce milk	6 scrambled eggs/toast peaches milk	7 breakfast pizza fruit cocktail milk
10 apple boscoe stick mandarin oranges milk	11 biscuit & gravy craisins milk	12 french toast applesauce milk	13 oatmeal peaches milk	14 pancake wrap fruit cocktail milk
17 mini maple waffle mandarin oranges milk	18 biscuit & gravy pears milk	19 french toast applesauce milk	20 chocolate chip muffin peaches milk	21 mini bagels fruit cocktail milk

Breakfast requirements: ½ oz whole grains, ½ cup of fruit, and 6 oz unflavored low fat milk.  
 Students may choose cinnamon toast crunch cereal instead of breakfast entree.  
 Students may choose a yogurt in addition to requirements.  
 Menu subject to change without notice.  
 This institution is an equal opportunity provider.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.  
 \*- denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# New Haven School District #138

## K - 6 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
3 mini pancakes mandarin oranges milk	4 biscuit & gravy pears milk	5 french toast applesauce milk	6 scrambled eggs/toast peaches milk	7 breakfast pizza fruit cocktail milk
10 apple boscoe stick mandarin oranges milk	11 biscuit & gravy craisins milk	12 french toast applesauce milk	13 oatmeal peaches milk	14 pancake wrap fruit cocktail milk
17 mini maple waffle mandarin oranges milk	18 biscuit & gravy pears milk	19 french toast applesauce milk	20 chocolate chip muffin peaches milk	21 mini bagels fruit cocktail milk

Breakfast requirements offered: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk  
Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; cinnamon toast crunch cereal, honey nut cherrios, cocoa puffs , juice choices include apple, grape, orange or fruit punch, all 100% juice; and choice of 1% unflavored or fat free chocolate milk.

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# New Haven School District #138

December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3  mini pancakes fruit choice milk	4  biscuit & gravy sausage patty fruit choice milk	5  french toast fruit choice milk	6  cinnamon roll fruit choice milk	7  pancake wrap fruit choice milk
10  banana bread fruit choice milk	11  biscuit & gravy sausage patty fruit choice milk	12  french toast fruit choice milk	13  scrambled eggs/toast fruit choice milk	14  breakfast pizza fruit choice milk
17  mini pancakes fruit choice milk	18  biscuit & gravy sausage patty fruit choice milk	19  french toast fruit choice milk	20  pancake wrap fruit choice milk	21  mini bagels fruit choice milk

Breakfast requirements: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk  
 Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; banana bread; mini bagels, honey nut cheerios, cinnamon toast crunch, juice choices include apple, grape, orange, fruit punch all 100% juice; fruit choices include fresh and canned fruits.

Menu subject to change without notice.

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