

New Haven Public School District 138

August 2019

Monday	Tuesday	Wednesday	Thursday	Friday
			15 mini bagels craisins milk	16 banana bread applesauce milk
19 mini maple waffle pear/man. orange milk	20 biscuit & gravy peaches milk	21 french toast pineapple milk	22 scrambled eggs/ toast fruit cocktail milk	23 pancake wrap applesauce milk
26 mini pancakes pear/man. orange milk	27 biscuit & gravy peaches milk	28 french toast pineapple milk	29 scrambled eggs/ toast fruit cocktail milk	30 breakfast pizza applesauce milk

Breakfast requirements: ½ oz whole grains, ½ cup of fruit, and 6 oz unflavored low fat milk.

Students may choose cinnamon toast crunch cereal instead of breakfast entree.

Students may choose a yogurt in addition to requirements.

Menu subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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			15 mini bagels craisins milk	16 banana bread applesauce milk
19 mini maple waffle pear/man.orange milk	20 biscuit & gravy peaches milk	21 french toast pineapple milk	22 scrambled eggs/ toast fruit cocktail milk	23 pancake wrap applesauce milk
26 mini pancakes pear/man.orange milk	27 biscuit & gravy peaches milk	28 french toast pineapple milk	29 scrambled eggs/ toast fruit cocktail milk	30 breakfast pizza applesauce milk

Breakfast requirements offered: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; cinnamon toast crunch cereal, honey nut cherrios, cocoa puffs , juice choices include apple, grape, orange or fruit punch, all 100% juice; and choice of 1% unflavored or fat free chocolate milk.

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Monday	Tuesday	Wednesday	Thursday	Friday
			15 banana bread fruit choice milk	16 mini bagels fruit choice milk
19 mini pancakes fruit choice milk	20 biscuit & gravy sausage patty fruit choice milk	21 french toast fruit choice milk	22 breakfast pizza fruit choice milk	23 pancake wrap fruit choice milk
26 mini maple waffle fruit choice milk	27 biscuit & gravy sausage patty fruit choice milk	28 french toast fruit choice milk	29 breakfast pizza fruit choice milk	30 pancake wrap fruit choice milk

Breakfast requirements: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; banana bread; mini bagels, honey nut cheerios, cinnamon toast crunch, juice choices include apple, grape, orange, fruit punch all 100% juice; fruit choices include fresh and canned fruits.

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