

New Haven School District #138

Preschool Lunch

April 2019

Mar 17, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
1 chicken nuggets mixed vegetables applesauce sugar cookie milk	2 taco triangles steamed corn peaches milk	3 br. chicken on bun tator tots fresh carrots pears milk	4 spaghetti&meat sauce garlic bread steamed green beans fruit cocktail milk	5 cheese pizza steamed carrots pineapple brownie milk
8 toast ravioli/m.sauce string cheese steamed green beans applesauce chocolate chip cookie milk	9 bbq rib on bun tator tots peaches milk	10 popcorn chicken mixed vegetables fresh carrots pears blueberry crisp milk	11 corn dog steamed broccoli dragon punch juice pineapple milk	12 bosco stick/ sauce string cheese steamed carrots strawberry cup milk
15 roast chicken breadstick mixed vegetables applesauce ice cream milk	16 cheese pizza steamed green beans fresh carrots peaches milk	17 chicken strips garlic bread steamed corn pears milk	18 hamburger on bun french fries pineapple milk	19
22	23 pepperoni pizza steamed green beans peaches m&m cookie milk	24 popcorn chicken mixed vegetables fresh carrots pears milk	25 roast turkey on bun whipped potato/gravy straw. applesauce milk	26 grilled chicken on bun french fries pineapple milk
29 chicken nuggets mixed vegetables applesauce sugar cookie milk	30 corn dog steamed corn peaches milk			

Lunch requirements: ½ oz whole grains, ¼ cup of fruit, ¼ cup of vegetable, 1 ½ oz protein, and 6 oz unflavored low fat milk.

Menu is subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
1 chicken nuggets corn dog mixed vegetables dragon punch juice applesauce sugar cookie milk	2 taco triangles salad bar-ham steamed corn refried beans peaches milk	3 br. chicken on bun tator tots fresh carrots pears milk	4 spaghetti&meat sauce salad bar-ham garlic bread steamed green beans fruit slushie milk	5 cheese pizza steamed carrots pineapple brownie milk
8 toast ravioli/m.sauce corn dog steamed green beans applesauce chocolate chip cookie milk	9 bbq rib on bun salad bar-ham tator tots baked beans peaches milk	10 popcorn chicken pizza rolls mixed vegetables fresh carrots pears blueberry crisp milk	11 chicken alfredo salad bar-ham garlic bread steamed broccoli dragon punch juice pineapple milk	12 bosco stick/ sauce steamed carrots string cheese strawberry cup milk
15 roast chicken breadstick mixed vegetables fresh carrots applesauce ice cream milk	16 cheese pizza salad bar-ham steamed green beans fresh carrots peaches milk	17 chicken strips pizza rolls garlic bread steamed corn fresh veggies pears milk	18 hamburger on bun french fries mango juice pineapple milk	19
22	23 pepperoni pizza steamed green beans peaches m&m cookie milk	24 popcorn chicken taco triangles mixed vegetables refried beans pears milk	25 roast turkey on bun deli ham sand. whipped potato/gravy fresh carrots straw. applesauce milk	26 grilled chicken on bun french fries fresh veggies pineapple milk
29 chicken nuggets corn dog mixed vegetables dragon punch juice applesauce sugar cookie milk	30 taco triangles salad bar-ham steamed corn refried beans peaches milk			

Lunch requirements offered: 1- 2 oz whole grains, 1/2 cup of fruit, 3/4 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

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Middle/High School Lunch

Mar 17, 2019

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April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 popcorn chicken southwest salad bar breadstick mixed vegetables fresh carrots fruit choice m&m cookie milk	2 bbq rib on bun cheese pizza tator tots dragon punch juice fruit choice milk	3 br. chicken on bun whipped potato/gravy sandwich bar fruit choice milk	4 spaghetti&meat sauce greek salad bar garlic bread steamed green beans fruit choice brownie milk	5 fish fillet on bun grilled chicken on bun french fries sandwich bar fruit choice milk
8 glazed roast chicken southwest salad bar breadstick mixed vegetables fresh carrots fruit choice sugar cookie milk	9 toast ravioli/m.sauce bosco stick/ sauce steamed green beans mango juice fruit choice milk	10 bbq chicken on bun spicy chicken on bun tator tots baked beans fruit choice milk	11 taco salad corn dog steamed corn toss salad fruit choice cherry crisp milk	12 cheese nachos hamburger on bun french fries sandwich bar fruit choice milk
15 chicken alfredo southwest salad bar garlic bread steamed broccoli fresh carrots fruit choice chocolate chip cookie milk	16 chicken fajita taco triangles steamed corn fresh veggies fruit choice milk	17 roast turkey on bun salisbury steak/bun whipped potato/gravy fresh veggies fruit choice milk	18 bbq pork on bun pizza rolls french fries baked beans fruit choice fruit slushie milk	19
22	23 pepperoni pizza steamed green beans dragon punch juice fruit choice sugar cookie milk	24 roast chicken corn dog biscuit california blend veg slushie fruit choice milk	25 meatball sub salad bar mixed vegetables fruit choice ice cream milk	26 hamburger on bun french fries sandwich bar fruit choice milk
29 chicken nuggets southwest salad bar breadstick mixed vegetables fresh carrots fruit choice m&m cookie milk	30 taco triangles bosco stick/ sauce steamed green beans mango juice fruit choice milk			

Lunch requirements: 1-2 oz whole grains, 1/2 to 1 cup of fruit, 3/4 to 1 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

Menu subject to change without notice.

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