

New Haven School District #138

Preschool Breakfast

April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 breakfast pizza mandarin oranges milk	2 biscuit & gravy pears milk	3 french toast applesauce milk	4 oatmeal peaches milk	5 mini pancakes fruit cocktail milk
8 pancake wrap mandarin oranges milk	9 cinnamon roll pears milk	10 french toast applesauce milk	11 scrambled eggs/ toast peaches milk	12 apple boscoe stick fruit cocktail milk
15 breakfast pizza mandarin oranges milk	16 biscuit & gravy pears milk	17 french toast applesauce milk	18 oatmeal peaches milk	19
22	23 mini pancakes pears milk	24 french toast applesauce milk	25 scrambled eggs/ toast peaches milk	26 mini bagels fruit cocktail milk
29 mini maple waffle mandarin oranges milk	30 cinnamon roll pears milk			

Breakfast requirements: ½ oz whole grains, ½ cup of fruit, and 6 oz unflavored low fat milk.

Students may choose cinnamon toast crunch cereal instead of breakfast entree.

Students may choose a yogurt in addition to requirements.

Menu subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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1 breakfast pizza mandarin oranges milk	2 biscuit & gravy pears milk	3 french toast applesauce milk	4 oatmeal peaches milk	5 mini pancakes fruit cocktail milk
8 pancake wrap mandarin oranges milk	9 cinnamon roll pears milk	10 french toast applesauce milk	11 scrambled eggs/ toast peaches milk	12 apple boscoe stick fruit cocktail milk
15 breakfast pizza mandarin oranges milk	16 biscuit & gravy pears milk	17 french toast applesauce milk	18 oatmeal peaches milk	19
22	23 mini pancakes pears milk	24 french toast applesauce milk	25 scrambled eggs/ toast peaches milk	26 mini bagels fruit cocktail milk
29 mini maple waffle mandarin oranges milk	30 cinnamon roll pears milk			

Breakfast requirements offered: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; cinnamon toast crunch cereal, honey nut cherrios, cocoa puffs , juice choices include apple, grape, orange or fruit punch, all 100% juice; and choice of 1% unflavored or fat free chocolate milk.

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New Haven School District #138

Middle/High School Breakfast

Mar 17, 2019

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April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 mini pancakes fruit choice milk	2 biscuit & gravy sausage patty fruit choice milk	3 french toast fruit choice milk	4 pancake wrap fruit choice milk	5 scrambled eggs/ toast fruit choice milk
8 mini maple waffle fruit choice milk	9 cinnamon roll fruit choice milk	10 french toast fruit choice milk	11 breakfast pizza fruit choice milk	12 scrambled eggs/ toast fruit choice milk
15 mini pancakes fruit choice milk	16 biscuit & gravy sausage patty fruit choice milk	17 french toast fruit choice milk	18 pancake wrap fruit choice milk	19
22	23 banana bread fruit choice milk	24 french toast fruit choice milk	25 breakfast pizza fruit choice milk	26 pancake wrap fruit choice milk
29 mini maple waffle fruit choice milk	30 cinnamon roll fruit choice milk			

Breakfast requirements: 1-2 oz whole grains, 1 cup of fruit, and 1 cup of milk
Students must choose at least 3 items, including 1/2 cup fruit.

Students may choose a yogurt. Milk choices include 1% unflavored and fat-free chocolate.

Daily offerings include: yogurt; banana bread; mini bagels, honey nut cheerios, cinnamon toast crunch, juice choices include apple, grape, orange, fruit punch all 100% juice; fruit choices include fresh and canned fruits.

Menu subject to change without notice.

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